

## COMPARISON OF ANTIBACTERIAL EFFECT AND SMEAR LAYER REMOVAL OF HERBAL VERSUS TRADITIONAL IRRIGANTS – AN IN VITRO STUDY

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### ABSTRACT

**Background:** Elimination of endodontic pathogens through appropriate cleaning and shaping procedures along with strict isolation protocols is of great significance for disinfecting this complex anatomy of the root canal configuration. Persistent periradicular lesions are usually associated with *Enterococcus faecalis*. Various compounds are being utilized as irrigants throughout the cleaning for shaping procedures to accomplish the favorable level of disinfection.

**Aim:** The current study aim to compare the anti-microbial efficiency of *Salvadora Persica* (Miswak-Siwak) and Chitosan in comparison with Sodium Hypochlorite (NaOCl). Also comparing their ability to eradicate the smear layer.

**Materials and Methods:** Seventy-five extracted human single rooted teeth were cut at the cemento-enamel junction (CEJ). The roots were instrumented by k-files till size 25. These teeth were sterilized and then contaminated by *Enterococcus Faecalis* in brain heart infusion for 3 weeks. The samples were divided into 4 groups (S.Persica, Chitosan, NaOCl and normal saline). The bacterial count was calculated using colony forming unites (CFU). Then, the roots were split longitudinally and examined by SEM for evaluation of smear layer removal in coronal, middle and apical thirds.

**Results:** Regarding antibacterial effect, NaOCl showed the least mean values, however saline showed the highest, followed by S. Persica and Chitosan. Regarding smear layer removal, S.Persica showed the least values. NaOCl and positive control showed the highest values, followed by Chitosan.

**Conclusion:** The use of herbal alternatives as root canal irrigating solutions might prove to be advantageous considering several unfavorable properties of NaOCl.

**KEY WORDS:** Antibacterial efficacy, Chitosan, *Enterococcus faecalis*, Root canal irrigation, S.Persica, NaOCl.

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## INTRODUCTION

Elimination of the pathogenic microflora from the entire root canal system during the endodontic therapy is one of the main goals of endodontic treatment. Microbial organisms play an important role in the development of inflammation and necrosis of the pulpal tissues and formation of periapical lesions.<sup>(1)</sup> Elimination of microorganisms is mandatory, however its difficult due to the anatomical complexities and irregularities of the configuration and the inability of the enlarging instruments to touch all the dentinal canal walls leaving un-touched areas, thus the decision making of mechanical enlarging technique along with the chemical disinfecting method are of great significance for proper disinfection and eradication of microorganisms from the entire configuration without impairing the healing capabilities that is crucial for the accomplishment of long term success.<sup>(2)</sup> Various multifunctional irrigants were utilized to accomplish the ideal disinfecting impact from the time NaOCl was presented in early 90s<sup>(3)</sup>.

A nebulous, sporadic coating appeared to adhere to dentine after instrumentation. It comprises organic and inorganic components. The organic component is usually a collection of pulpal and bacterial debris whereas the inorganic component is mainly made of dentinal debris.<sup>(4)</sup>

NaOCl ; the gold standard endodontic irrigation solution as a result of its potent antibacterial efficiency capability to disintegrate pulp tissues. Also, its use should be cautious as it possesses some drawbacks like being very irritant to the tissues beyond the apex, toxicity and reducing the elastic modulus of dentin<sup>(5)</sup>.

Chitosan is originally a type of saccharides derived from chetten; the second most abundant poly-saccharide in the world, after cellulose. The covalent immobilization on dentinal collagen enhance the remineralization of the demineralized dentin. Moreover, it enhances the dentin resistance

to collagenase degradation. It is natural, bio-compatible, bio-degradable, antibacterial and non-toxic.<sup>(6)</sup>

Salvadora Persica is a medical plant that been used for oral hygiene measures worldwide. It's a biting block utilized for brushing aids. Furthermore, it is produced using sweet-smelling base little shrubby. Numerous investigations exhibited the concentrates of this medical plant can aid to prevent the formation and accumulation of plaque with some antifungal impacts. Studies consider Siwak to have some characteristic synthetic mixes with good antimicrobial properties<sup>(7)</sup>.

In this manner, it is significant to reveal an insight into the viability of characteristic herbal irrigation solutions in comparison with the novel gold standard NaOCl.

## MATERIALS AND METHODS

### Sample Preparations

In this study, a total of 75 teeth with only one completely mature intact root and closed apical foramen was used .Then decoronated to the cemento enamel junction utilizing sharp saw cut with abundant cooling for proper standardisation of a 16mm. A sterile file size 10 was passed from orifice by the classic quarter turn and pull till the file end was seen protruding from the apex to check patency of the canal and then obtaining the tooth length by retrieving the file till its flush with the apex .After reducing one mm from this reading, WL was obtained. Subsequent files till #25 were used to enlarge the apical portion of roots .While preparing the teeth, normal saline was used to irrigate the canals during preparation.

### Sample Sterilization:

Teeth had been sterilized using gamma radiation (Cobalt 60 irradiators with dose rate of 1.774 KGY with total dose of 25 KGY).

**Bacterial infusion:**

50µL of Enterococcus F. was introduced into every tooth utilizing a specific dropper. Then they were put in sterile tubes and held vertically in perforated trays for 21 days in an incubator at 37°C, with renewing the medium every 3 days. <sup>(8)</sup>

**Grouping of samples**

Regarding the type of irrigant, all specimens have been divided into 4 groups

**GpA:** Alcoholic extract of Siwak(12.5%)“20 teeth”.

**GpB:**Chitosan(0.2%) “20 teeth”.

**GpC:** NaOCl(5.25%) “20 teeth”.

**GpD:**Saline (control positive) “15 teeth”.

**Preparation methods:**

- 1- **Siwak-Miswak:** concentrates were set up by taking 750 gm of biting S. Persica blocks, then wiped them off using a blade. Afterward crushing them to form a fine form and including 140ml of 70% ethyl alcohol to 50 grams of the fine crushed form into clean specific jug, remain 7 consequent 24 hours, filtering utilizing a special framework.
- 2- **Chitosan:** A suspension was readied utilizing 0.2g crushed fine form. Then added to 100ml 2% acetic a., then blend had been mixed three hours<sup>(9)</sup>.The suspensions were ready after 7 days then spared at fridge.
- 3- **Root canal preparation:** Universal ProTaper Ni-Ti rotary files were used in a crown-down manner for root canal preparation with a 16:1 reduction hand piece that was powered by a torque-controlled electric motor; at a rotational speed of 300 rpm and a torque-control of 2.6 N/cm.

After each instrument use, the grouping, irrigation was performed by 3ml of the irrigants.

**Evaluation methods****Bacterial counting**

Sampling done by #25 absorbent p.pin each root canal. Then transported to an experimental tubing with one ml distilled water. Then paper points were carefully homogenized by vortexing the tube 40 sec. Successive various concentrations were produced. A no.2 ml of every concentrate had been plated on the BHI. Then the process of incubation was performed at almost body temperature in 2days. Colony Counting procedures were done after the brooding had been finished .Bacterial load was quantified as colony forming units (CFU)/ mL using an automatic colony counter.

**SEM Evaluation**

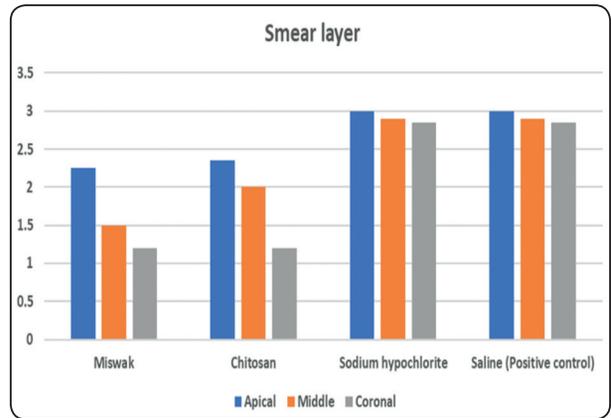
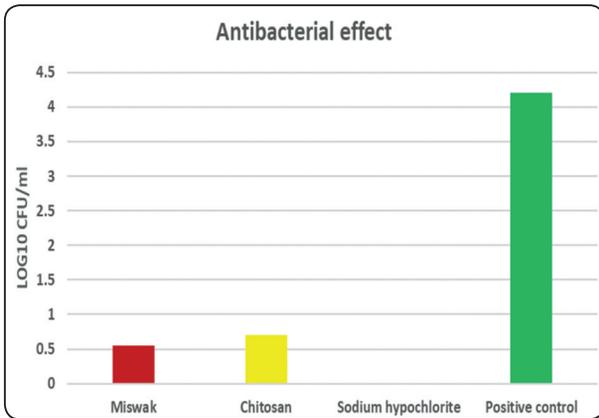
By a metallic disk, 2facing vertical slots prepared in the samples with copious watering and cautious to avoid grooving into the root, afterwards each root was split in two halves with a chisel. The samples were properly placed on a frame and observed with electron microscopy. Smear layer assessment was done at the apical, middle and cervical thirds of every split. Evaluation was done with the novel 3-point method of scoring. <sup>(10)</sup>

**RESULTS****Antimicrobial action :**

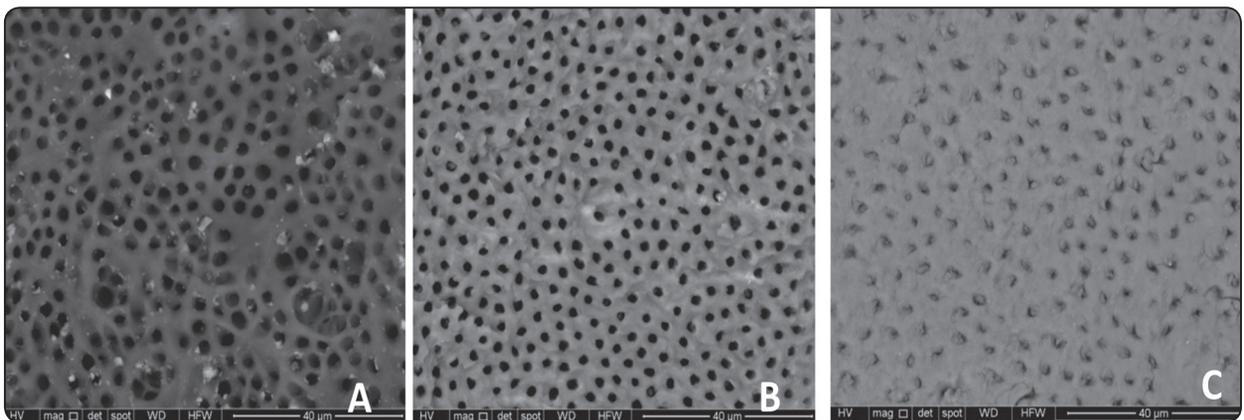
There was a significant statistic difference between NaOCl, Chitosan, Siwak and saline groups. Also, between NaOCl and both Miswak and Chitosan groups with no differences in-between both Siwak and Chitosan groups. Positive control group showed the highest values then Siwak and Chitosan groups, whilst NaOCl group showed the least values.

**Bar charts representing antibacterial effect****Smear Layer analysis:**

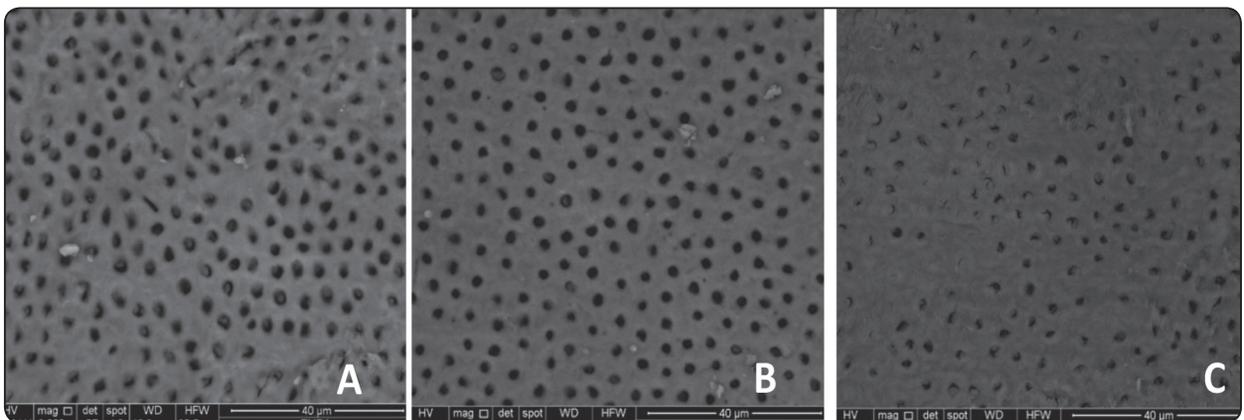
There was significant statistic differences between NaOCl, Citosan, Siwak and control positive



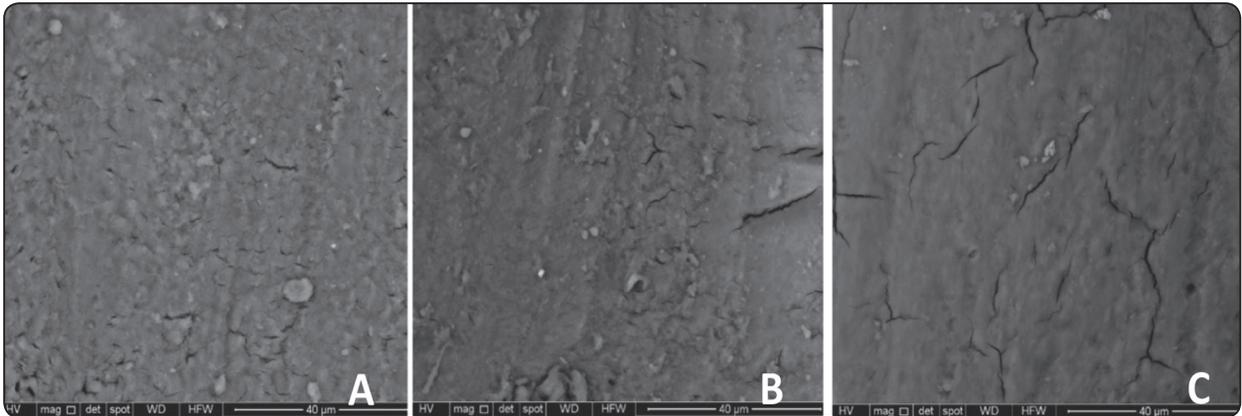
Bar charts representing antibacterial effect



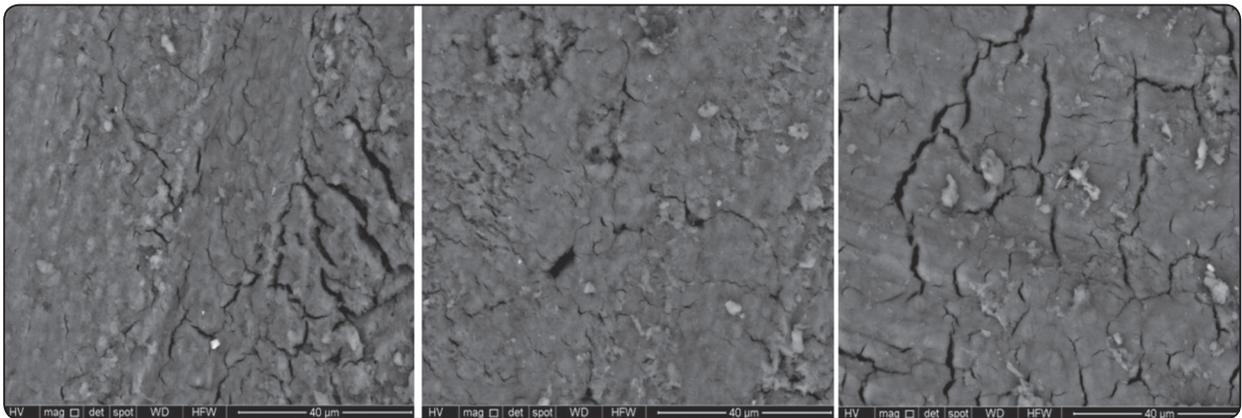
After utilizing the Miswak. Notice the open D.T. after eradication of smear layer on the cervical and medial regions (A) and (B) while the apical region, S.L. is still covering most of the dentine tubes (C)



After utilizing chitosan. Notice the patent D.T. after eradication of S.L. on the cervical and medial regions (A) and (B) while in the apical region, still covering moderate amount (C)



**Dentinal tubules completely covered with thick smear layer on coronal, middle and apical thirds after using 5.25% NaOCl. (A, B&C).**



**the dentinal tubules completely covered with thick smear layer on coronal, middle and apical thirds after using saline**

groups. Also between control positive and NaOCl groups and both Citosan and Siwak groups. There was no remarkable difference between Chitosan and Miswak groups. Saline and NaOCl groups showed the highest mean values then Chitosan group, whereas Siwak had the least value.

## DISCUSSION

Successful endodontic treatment depends mainly on proper cleaning and shaping of the root canal complex system. Root canal microorganisms play an important role in development of inflammation and necrosis of the dental pulp, thus periapical disease formation.<sup>(11)</sup> The principle aim is to totally disinfect this anatomically complex configuration, that dictates the total eradication of its contents as

potential well springs of contamination and disease.<sup>(12)</sup> Different irrigants were utilized during and following mechanical preparation to help eradicate the microorganisms that can't be disposed off by mechanical preparation only due to the root canal anatomical complexities.<sup>(13)</sup>

The different methods of the root canal preparation result in formation of this coating; comprised of 2 areas: outer most organic layer which is about two microns, then subsequent area stretches out to dentinal tubules to a profundity of 40microns and is to a great extent made of dentin chips.<sup>(14)</sup> Moreover, achieving clean patent dentinal walls through eradication of this layer is necessary to enhance the smooth hermetic sealing of the entire configuration.<sup>(15)</sup>

The novel NaOCl was chosen to evaluate the antimicrobial efficiency due to its popularity in the market among endodontists. It has low viscosity allowing easy introduction into the canal architecture, an acceptable shelf life, easily available and inexpensive.<sup>(16)</sup> By far, it is the gold standard, as it has the unique property of tissue dissolution ability. It reacts with fatty acids and amino acids of the pulp resulting in liquefaction of organic tissues. Also, has a potent bactericidal potentials against wide range of microorganisms. However, it possess several disadvantages like being tissue irritant, high toxicity to cells, cause dentin collagen denaturation and dissolution, lethal to the progenitor cells at the periapex, foul flavor and may produce allergies and result in hypochlorite accidents.<sup>(17)</sup>

Miswak-Siwak; chewing sticks contain sitosterol beta, m-anisic acid, trimethylamine, sulfadurim chloride and fluoride in large quantities, have shown a great anti-bacterial efficiency without being toxic or irritant to the cell, help in removal of smear layer, allowing it to be one of the promising root canal irrigants that can be an alternative in the near future for the classic NaOCl<sup>(18)</sup>. It is characterized by being safe and highly bio-compatible<sup>(19)</sup>.

Chitosan; being cheap non-synthetic bio-compatible bio-degradable, bio-adherent bipolymer. It improves the mechanical properties of root dentin. Its superior properties along with being non toxic make it a good substitute of the widely used NaOCl<sup>(20)</sup>. Also, a potent chelator to various minerals, acting on the smear layer aiding to remove it<sup>(21)</sup>.

*Enterococcus faecalis*; an important pathogen in opportunistic infections in humans as infective endocarditis. It's rarely present in primary apical periodontitis, however they are dominant in root filled teeth with post treatment apical periodontitis.<sup>(22)</sup> It is also well documented in endodontic infections presenting low sensitivity to conventional treatment<sup>(23)</sup>. Its prevalence in such infections ranges from 30% to 80%. This finding can be explained

by various survival and virulence factors possessed by *E. faecalis*, including its ability to compete with other microorganisms, invade dentinal tubules, and resist nutritional deprivation<sup>(24)</sup>. Moreover, These microorganisms have the ability to withstand harsh conditions. The ability to tolerate starvation is a hallmark of *E. faecalis* that can survive until there is an opportunity to obtain adequate nutrition.<sup>(25)</sup>

Moreover, Bile-escullinagar is a unique differential media for presumptive identification of the *E. faecalis* and group D streptococci based on the capability of the pathogen to hydrolyze esculin. It contains oxgall (bile salts) that prevent the growth of gram positive pathogens other than them, as it breaks down into dextrose, esculin in interacting with ferric citrate giving the specific media darkening<sup>(26)</sup>. when the pathogen hydrolyze esculin, the media will become dark brown or even black and all performed in sterile environment to avoid infection<sup>(27)</sup>.

Rotary instrumentation was performed in a step-down technique which is superior than the step-back technique, as it decreases the stresses acting on the files during mechanical preparation thus minimizing the possibility of mishaps and instrument separation. Also, early pre-flaring of the coronal part enhance the visibility, and the root canal cleanliness as it acts as a tank of irrigants for better and early entrance into the deeper parts of the canal<sup>(28)</sup>. A remarkable decrease in bacteria was reported with Ni-Ti mechanical preparation with a remarkable bacterial count reduction with progressively larger instrument sizes<sup>(29)</sup>.

Bacteriological procedure was performed by placing absorbent p.p in a passive manner through absorption and in an active manner through instrumentation to avoid inaccurate counting of other microorganisms, while the biofilm pathogens remain protected<sup>(30)</sup>. This sampling technique is characterized by its simplicity and can be easily done at the laboratory, the only drawback is that bacteria only

present in the lumen can be taken, however those within the dentin tubes couldn't be sampled<sup>(31)</sup>.

Counting of colony formation units (CFUs) was performed because it allowed to calculate the amount of microorganisms inside the root canals.<sup>(32)</sup> The current study used SEM as an analysis tool to assess the smear layer removal.

Study outcome revealed that NaOCl had a remarkably greater antimicrobial efficiency compared to both chitosan and Siwak. This may be a reason of the increased levels of the chlorous a. of the NaOCl that perform a potent antibacterial action through oxidizing the microbial enzymes, which is consistent with many other authors.<sup>(33)</sup>

Also, it was revealed that the antimicrobial efficiency of chitosan and Siwak were remarkably greater than that of the normal saline, that correspond to the earlier studies that concluded that saline can only flush out loose debris however it is absolutely useless and not efficient in terms of an antibacterial irrigant<sup>(34)</sup>.

Regarding enterococcus fecalis inhibition, 12.5% Siwak/S.persica was found to be efficient, however it is of reduced efficiency than that of the potent sodium hypochlorite inhibition. The antibacterial efficiency of Siwak is most probably due to the elevated levels of betanens, paramethyl-amines, thiocinates, sulphates<sup>(35)</sup>.

The antimicrobial capabilities of chitosan is believed to be a result of its unique action when cationically charged amino group interact with the anionic components like N-acetyl muramic acid, sialic acid, and neurmic acid on the microbial membrane, suppressing the microbial growth which results in cell lysis.<sup>(36)</sup>

Concerning the removal of the smear layer, the outcome revealed that the efficiency of Siwak and chitosan were remarkably greater than the NaOCl and saline that were also consistent and supported by many other studies<sup>(37)</sup>.

Compounds generated between metallic particles and chitosan may be due to adsorption, interchange of ions, or chelating action aiding in removal of the inorganic part of the smear layer.<sup>(38)</sup> Two models have been reported in the literature as possible working mechanisms. One of them, known as the bridge model, is based on the theory that two or more amino groups of the chitosan chain are bound to the same metal ion<sup>(39)</sup>. The other model supports the theory that only one amino group of the substance's structure is involved in binding, namely that the metal ion is "bound" to the amino group<sup>(40)</sup>.

The capability of Siwak to eradicate the smear layer is consistent with the findings of several studies that showed that the alcoholic extract of misiwak caused its disappearance, this can be due to the presence of acid, acting as a chelator for the inorganic part from root dentine<sup>(41)</sup>.

SEM images of sodium hypochlorite survey revealed no surface debris with a smear layer in all one third of the root, indicating NaOCl inability of 5.25% in complete removal of the smear layer. These results were similar to Yamada et al. Baumgartner et al. and Vallabhaneni.<sup>(42)</sup>

It was revealed that, the irrigants demonstrated minimal capabilities on the eradication of smear layer especially those coating the deep inaccessible areas.<sup>(43)</sup>

## CONCLUSION

Based on the outcomes, the following can be found out: employing of herbal substitutes as irrigants for the root canal may be beneficial given the many adverse effects of the novel sodium hypochlorite. Siwak and Chitosan are up and coming in smear layer removal capabilities and promising alternatives for the novel irrigating solutions like sodium hypochlorite and chlorohexidine. Further investigations are required concerning the use of herbal substitutes in endodontics.

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