TWO CANINE TOOTH SUPPORTED OVERDENTURE WITH READY-MADE ATTACHMENTS (3 YEAR PROSPECTIVE STUDY)

Ehab A. Elsaih* and Bassant Mowafey**

ABSTRACT

Purpose: This study aimed to disclose the effect of two ready-made intra-radicular cemented attachments on abutment teeth periodontium of two canine tooth supported mandibular overdenture in 3 years study period.

Materials and Methods: Ten patients with edentulous maxilla & a mandibular arch with only two canines remaining were selected based on certain criteria. All patients received maxillary complete dentures and an attachment-retained mandibular overdenture (OD); 1) Group [A] received magnetic attachment-retained OD, and 2) Group [B] received O-ring attachment-retained OD. Modified Gingival index (MGI), clinical attachment loss (CAL) and marginal bone changes (MBC) were investigated along a 3 years follow up period.

Results: MGI results showed no statistically significant difference both in inter & intra group results. CAL results showed significant differences between successive periods of the same group with no difference between the two groups in comparable periods.

Comparison of ∆CAL values between groups in comparable periods also showed no statistical difference, but the sum of ∆CAL in all 3 years showed statistical difference. Comparison of ∆MBC values between groups in comparable periods showed statistical difference in the 2nd & 3rd follow-ups as well as in all 3 years combined. ∆MBC & ∆CAL, showed a weak positive correlation coefficient 0.368 in group 1, and a strong positive correlation 0.942 in group 2.

Conclusion: It can be concluded that the two canine supported mandibular overdenture, retained either by ball and socket or magnetic attachments, is an acceptable treatment modality with predictable clinical results from a periodontal point of view as long as hygiene measures were strictly followed.

KEYWORDS: Tooth supported overdenture, ready-made attachments, magnetic attachment, O-ring

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INTRODUCTION

The aim of a Prosthodontist is to preserve the remaining oral structures and to rehab the missing oral functions, aiming for patient welfare (1).

These standards should be applied taking into consideration both patient economics and technical feasibility of each treatment modality as well as technical ease and serviceability (2).

Dental implants current status and wide range use of implant-supported dentures had been proved scientifically to improve the wearer’s quality of life (3,4); however, the higher cost of treatment with implants in developing countries means that non-implant dependent removable dentures continue to replace missing teeth in large sectors of elderly (5-7).

Tooth-supported removable prosthesis is aimed basically to preserve jaw alveolar bone or to forestall bone resorption (8) due to sharing of occlusal load perception (9). Teeth abutments with proper distribution can enhance masticatory efficiency (10) and mechanical prosthesis performance in the form stability and retention especially when attachments are included (11,12).

Attachment retained tooth overdentures can preserve weak teeth, enhance the status of their periodontium and enable their positive sharing in maintaining physiologic occlusion (13,14).

Based on interpreting previous clinical reports, some authors considered tooth overdentures with attachment similar to implant overdentures for nearly-edentulous or edentulous mandible (15,16) and considered the implant-free prosthetic solutions as a high interest treatment modality (17). While other reports presented it as a conservative approach to root preservation which is still valid (18) and participates to enhance patient satisfaction and comfort (19).

Tooth overdenture uses attachments to secure enough resistance to the prosthesis dislodgment during functioning (20). Some stud attachments are popular as ball & socket and magnets (21,22). Ball & socket is used to serve primarily for removable prosthesis retention and share in their stabilization (23,24). Magnets in prosthodontics after the 1990s were subjected to many technological advancements. They are also popular especially in limited inter-arch distance cases due to their small size, strong constant retention and less lateral force transmission to natural abutment’s periodontium (25-28).

Ready-made version of tooth overdenture attachments with intra radicular posts is claimed notable for ease of use, time saving, acceptable performance, economics and satisfying clinical service-ability for patients and prosthodontist as well (29-31).

The clinician’s focal point for tooth-supported overdentures has been abutment loss (32), carries risks (33) and periodontal considerations (34-36). Recently, more attention was developed for the prosthetic care / quality of life equation (31,37-39).

Ready-made intra-radicular attachments were not studied in clinical trials, regarding the clinical tissue health parameters.

Thus this study aimed to spotlight the effect of the use of two different ready-made attachments with intra-radicular posts (Ball and socket, and magnetic attachments) on the periodontium of natural abutments supporting mandibular overdentures, in terms of gingival health status, attachment level change and marginal bone level and their relation. To tests the null hypothesis that this treatment modality produces an acceptable clinical parameters outcome with no difference between either of the used attachment types.

MATERIAL AND METHODS

This work was according to ethical guide lines and had been approved by the local ethics committee, collage of dentistry, Mansoura University (A16060721), then each patient was informed about the treatment plane and follow up regime and asked to sign informed consent according to the approved regulations before clinical procedures.
Patient selection

Ten patients were selected based on inclusion criteria [40, 41], proved by clinical and radiographic examination, including; no systemic diseases affecting bone or gingival health, normal maxillomandibular relationship, a completely edentulous maxillary arch opposed by a mandibular arch with two canines remaining (figure 1a) with moderate mandibular residual ridge height, adequate inter-arch space (≥18mm) at vertical dimension of occlusion to house both the attachments and denture material, and acceptable canine status that clarified by; proper clinical crown size, proper root length (>12mm) invested in bone, periodontal status (not to exceed grade II mobility), proper root canal morphology (canals free from calcification), proper root cross section and proper crown/root ratio. Table 1 shows the clinical characteristics of the selected cases.

Clinical & prosthetic procedures

After abutments’ root canal treatment, coronal part was removed leaving 2mm crown height, then sharp areas removed and access opening filled with temporary filling material. All classical complete denture procedures were carried out. All patients followed strict oral hygiene protocol to assure pre-prosthetic healthy abutment soft tissue [42, 43].

Patients were divided into two equal groups randomly; Group 1 received 1.8mm ball and socket attachment (Rhein 83, Bologna, Italy), and group 2 received 1.2mm magnetic attachment (Shanghai Carejoy Medical Co., Ltd).

Patient were recalled for attachment installation, the first supra-gingival preparation was refined to be 1mm with platform parallel to the horizontal plane, second the post space prepared shorter 4-5mm from the root apex (x-ray of pilot drill was used to assure the length). After drilling the space was cleaned using 0.2% chlorhexidine gluconate irrigation, finally the attachment post (according to the pre-planned group attachment type, either ball or magnet) was tried in place then cemented with resin cement (figure 2a, 3a).

A rubber spacer (supplied with ball attachment) (figure 2b) or piece of rubber dam was 1-inch square cut was applied on the patrix. Then the attachment matrix were attached to the Patrix (figure 2b, 3b), then the intaglio surface of lower denture was checked in place (using pressure indicating paste) for pick up space availability., then attachments were picked up (using chair side acrylic resin in one side at a time) (figure 2c, 3c), then the occlusion was checked for possible premature interferences or deflective contacts and the denture was delivered (figure 1b).

Fig. (1) a) Complete edentulous maxilla opposing mandibular partially edentulous arch with remaining two canines, b) Maxillary denture & mandibular tooth supported overdenture after necessary adjustments & occlusion refinement
Primary preventive measures were instructed on daily bases, and secondary preventive measures on scheduled clinical follow up bases.

The clinical examination (soft tissue parameters) and radiographic examination was performed at base line (denture delivery), and each year in the three successive years after denture delivery.

**Clinical examination**

Two periodontal examiners collaborated to measure; 1) the modified gingival index (MGI)\(^{44,45}\) for all the teeth aspects of the same group (table 2), 2) the clinical attachment level (CAL)\(^{46}\) for each aspect of the abutments (the attachment level relative to the occlusal preparation margin of abutments) and the mean of the same site of all abutments in each group (table 3). The change in CAL was also calculated and tabulated (figure 4) (table 4).

**Radiographic examination**

Rubber base was used to form a stent for the X-ray holder (Kerr, Orange, CA, USA) to avoid bending or altering the angulation of the film and a 2mm metal ball was embedded in the stent. All images obtained through long-cone paralleling technique using size 1 (40 \(\times\) 24mm) photo-stimulable phosphor plate film (APIXIA® PSP Digital Imaging, Apixia Corp. United States) with exposure parameters of 10 mA, 70 kVp, and 0.16 s (figure 5a).

The digital software (CorelDraw® 10, Kodak Digital Science) was used to calculate the marginal bone level according to Preus et al\(^{47}\) (figure 5b). Using the magnification error calculated from the metal ball known dimensions, the change in the bone level in each year was calculated and tabulated. The mesial and distal changes of the two abutments were gathered and the average of the 4 measurements was used.

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Fig. (2) a) Two ready-made ball attachment cemented intra radicular in each canine, b) metal socket with O-ring attachment before direct pick up procedure, with clear nylon spacer in between, c) O-ring attachments in denture intaglio surface.

Fig. (3) a) Two ready-made magnetic keeper cemented intra radicular in each canine, b) Magnetic attachments attached to its keepers, c) magnetic attachments in denture intaglio surface.
Statistical analysis

Descriptive and inferential statistics were calculated using IBM® SPSS® 25. Levene’s test was used for homogeneity of variances at significance-level P> 0.05, and Shapiro-Wilk test used for normal distribution at significance-level P> 0.05. For normally distributed parametric data the independent variable t-test was used to compare the two groups at different periods while ANOVA was used to compare the difference within the group along the different periods. For nonparametric data the Friedman’s test was used to compare change for different periods in same group & the Mann-Whitney U test was used to compare different groups at different study periods. Dependent Samples T test was used to compare ∆CAL and ∆MBC while Pearson Correlation Coefficient (3 decimals) was used to calculate the correlation between patient’s ∆CAL and ∆MBC after 3 years study period.

RESULTS

All patients attended the scheduled follow-up visits with no dropout.

Descriptive statistics for MGI, CAL, CAL, and ∆MBC in both groups were presented in table 2,3, and 4.

A comparison of the mean MGI values showed no statistically significant difference between different follow-up periods within the group and between the two groups (table 2).

A comparison of the mean CAL values between different follow-up periods within the group showed significant differences for both groups, while a comparison between the groups showed insignificant differences in all study follow-up periods (table 3).

A comparison of the ∆CAL values between the groups showed insignificant differences in each
of the follow-up periods independently, however significance was evident between the two groups when changes in CAL of all three years were combined.

Comparison between groups of the Δ MBC values showed significant differences in the 2nd and the 3rd follow-up periods and for the changes in the three years combined (table 4).

Table (1) shows the clinical characteristics of the selected cases.

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Group 1</th>
<th>Group 2</th>
<th>All patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age of patient in years</td>
<td>57.8 ± 1.30</td>
<td>57 ± 0.71</td>
<td>57.4 ± 1.08</td>
</tr>
<tr>
<td>Gender (male/ female)</td>
<td>5/0</td>
<td>5/0</td>
<td>10/0</td>
</tr>
<tr>
<td>Previous use of removable prosthesis (in years)</td>
<td>6.80 ± 2.17</td>
<td>5.00 ± 3.67</td>
<td>5.9 ± 2.99</td>
</tr>
<tr>
<td>Abutment root length (invested in bone in mm)</td>
<td>13.90 ± 0.18</td>
<td>13.96 ± 0.86</td>
<td>1.93 ± 0.64</td>
</tr>
<tr>
<td>Previous root canal treatment</td>
<td>1 (20 %)</td>
<td>0 (0 %)</td>
<td>1 (10 %)</td>
</tr>
<tr>
<td>Presence of attrition facets (0=No, 1=yes)</td>
<td>0.60 ± 0.55</td>
<td>0.40 ± 0.55</td>
<td>0.50 ± 0.53</td>
</tr>
<tr>
<td>Grade of mobility (0=No, 1= Grade I, 2= Grade II)</td>
<td>0.80 ± 0.45</td>
<td>0.40 ± 0.55</td>
<td>0.60 ± 0.52</td>
</tr>
<tr>
<td>Gingival index (GI)</td>
<td>0.00±0.00</td>
<td>0.00±0.00</td>
<td>0.00±0.00</td>
</tr>
<tr>
<td>Free gingival margin level to CEJ (above/below)</td>
<td>1/4</td>
<td>5</td>
<td>1/9</td>
</tr>
</tbody>
</table>

Table (2): The mean modified gingival index “MGI” of all teeth aspects between different study periods and between different groups in same period.

<table>
<thead>
<tr>
<th></th>
<th>Mean MGI</th>
<th>Difference from baseline</th>
<th>P1</th>
<th>P2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>x ± SD</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Magnet retained group</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Base line</td>
<td>0.00±0.00</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>1st year</td>
<td>0.66±0.20</td>
<td>0.66±0.20</td>
<td>NS</td>
<td>NS</td>
</tr>
<tr>
<td>2nd year</td>
<td>1.18±0.36</td>
<td>1.18±0.36</td>
<td>NS</td>
<td>NS</td>
</tr>
<tr>
<td>3rd year</td>
<td>1.47±0.35</td>
<td>1.47±0.35</td>
<td>NS</td>
<td>NS</td>
</tr>
<tr>
<td>Ball retained group</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Base line</td>
<td>0.20±0.04</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>1st year</td>
<td>0.76±0.20</td>
<td>0.56±0.20</td>
<td>NS</td>
<td>NS</td>
</tr>
<tr>
<td>2nd year</td>
<td>1.08±0.26</td>
<td>0.88±0.26</td>
<td>NS</td>
<td>NS</td>
</tr>
<tr>
<td>3rd year</td>
<td>1.27±0.30</td>
<td>1.07±0.30</td>
<td>NS</td>
<td>NS</td>
</tr>
</tbody>
</table>

N=20 (number of abutment teeth in each group) – P is Significant when ≤ 0.05

MGI = Modified Gingival Index
0 = absence of inflammation;
1 = one portion mild inflammation or with slight changes in color and texture
2 = as the preceding criteria, in all portions
3 = moderate, bright surface inflammation, erythema, edema and/or hypertrophy
4 = severe inflammation: erythema, edema, hypertrophy or spontaneous bleeding,

P1 comparison to base line (Friedman’s test)  P2 comparison to same period in the other group (Mann Whitney U test)
TABLE (3) The mean clinical attachment level “CAL” (in mm) for different abutment teeth surface of all patients in different study periods

<table>
<thead>
<tr>
<th>Tooth surface</th>
<th>At base line</th>
<th>1 year</th>
<th>2 years</th>
<th>3 years</th>
<th>ANOVA</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean (SD)</td>
<td>Min</td>
<td>Max</td>
<td>Mean (SD)</td>
<td>Min</td>
</tr>
<tr>
<td>Magnetic retained group (G1)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mid- mesial</td>
<td>1.40±0.55</td>
<td>1.00</td>
<td>2.00</td>
<td>1.80±0.45</td>
<td>1.00</td>
</tr>
<tr>
<td>Mid- distal</td>
<td>1.20±0.45</td>
<td>1.00</td>
<td>2.00</td>
<td>1.40±0.55</td>
<td>1.00</td>
</tr>
<tr>
<td>Mid-buccal</td>
<td>1.40±0.55</td>
<td>1.00</td>
<td>2.00</td>
<td>2.20±0.84</td>
<td>1.00</td>
</tr>
<tr>
<td>Mid- lingual</td>
<td>1.20±0.45</td>
<td>1.00</td>
<td>2.00</td>
<td>1.80±0.84</td>
<td>1.00</td>
</tr>
<tr>
<td>Ball retained group (G2)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mid- mesial</td>
<td>1.20±0.45</td>
<td>1.00</td>
<td>2.00</td>
<td>1.80±0.84</td>
<td>1.00</td>
</tr>
<tr>
<td>Mid- distal</td>
<td>1.63±0.63</td>
<td>1.00</td>
<td>2.00</td>
<td>1.80±0.45</td>
<td>2.00</td>
</tr>
<tr>
<td>Mid-buccal</td>
<td>1.55±0.53</td>
<td>1.00</td>
<td>2.00</td>
<td>2.15±0.91</td>
<td>1.00</td>
</tr>
<tr>
<td>Mid- lingual</td>
<td>1.60±0.55</td>
<td>1.00</td>
<td>2.00</td>
<td>2.20±0.84</td>
<td>1.00</td>
</tr>
<tr>
<td>Independent t-test</td>
<td>NS</td>
<td>NS</td>
<td>NS</td>
<td>NS</td>
<td></td>
</tr>
</tbody>
</table>

N= Number of teeth investigated (20 teeth in 10 patents divided into two groups)
SD, standard deviation; min, minimum; max, maximum.
CAL measurements were made at the mid-point of surface
Tabulated values are the average CAL of specific surface of all patients’ teeth at each time point.
Time point statistically significant difference is based on pairwise contrasts of each time point with the other using repeated-measures P1 = significant difference on repeated measurements, P2 = significant difference between same period in different groups
Statistical results were adjusted to 2 decimals

TABLE (4) The mean change in clinical attachment level “CAL” of all teeth aspects (in mm) and the mean change in abutment tooth marginal bone “MBC” of proximal aspects (in mm) for the 1st , 2nd , 3rd year and whole 3 years after denture insertion in both groups:

<table>
<thead>
<tr>
<th></th>
<th>1st year ( \bar{x} \pm SD )</th>
<th>2nd year ( \bar{x} \pm SD )</th>
<th>3rd year ( \bar{x} \pm SD )</th>
<th>All 3 years ( \bar{x} \pm SD )</th>
</tr>
</thead>
<tbody>
<tr>
<td>( \Delta \text{CAL} )</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Magnet retained group</td>
<td>0.50 ± 0.12</td>
<td>0.57 ± 0.16</td>
<td>0.43 ± 0.05</td>
<td>1.51 ± 0.09</td>
</tr>
<tr>
<td>Ball retained group</td>
<td>0.58 ± 0.01</td>
<td>0.60 ± 0.14</td>
<td>0.53 ± 0.012</td>
<td>1.63 ± 0.10</td>
</tr>
<tr>
<td>Independent t-test</td>
<td>.052</td>
<td>.093</td>
<td>.144</td>
<td>.013*</td>
</tr>
<tr>
<td>( \Delta \text{MBC} )</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Magnet retained group</td>
<td>0.93 ± 0.23</td>
<td>0.90 ± 0.14</td>
<td>0.88 ± 0.25</td>
<td>2.82 ± 0.42</td>
</tr>
<tr>
<td>Ball retained group</td>
<td>1.18 ± 0.30</td>
<td>1.11 ± 0.183</td>
<td>1.01 ± 0.46</td>
<td>3.01 ± 0.69</td>
</tr>
<tr>
<td>Independent t-test</td>
<td>.11</td>
<td>.000*</td>
<td>.010*</td>
<td>.001*</td>
</tr>
</tbody>
</table>

N=20 (number of abutment teeth in each group). \( \Delta \) is the difference between two periods measurements’ means. *=Significant when \( p \leq 0.05 \)
TABLE (5) Show the Pearson Correlation Coefficient for the patient’s $\Delta$CAL and $\Delta$MBC after 3 years study period

<table>
<thead>
<tr>
<th></th>
<th>$\bar{x} \pm SD$</th>
<th>$\bar{x} \pm SD$</th>
<th>R</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group1</td>
<td>1.51 ± 0.09</td>
<td>2.82 ± 0.42</td>
<td>0.368</td>
</tr>
<tr>
<td>Group2</td>
<td>1.63 ± 0.10</td>
<td>3.01 ± 0.69</td>
<td>0.942</td>
</tr>
<tr>
<td>R</td>
<td>0.9707</td>
<td>0.9986</td>
<td></td>
</tr>
</tbody>
</table>

*R = Pearson Correlation Coefficient (3 decimals)*

DISCUSSION

From this study, the null hypothesis is accepted as the treatment modalities using ready-made intra radicular attachments (ball and socket or magnets) produced acceptable performance within this study parameters.

The continuous investigation of different treatment modalities outcome helps to judge their current status to assist a proper estimation of their clinical validity in relation to other modalities addressing the same clinical situation. In literature, the reports of overdenture usually address the abutment prognosis and the rate of abutment loss. Rare reports in 90s, 80s and earlier discussed the abutments in relation to gingival tissue health but with no interest in the type of attachment. No reports addressed the ready-made attachment in relation to their effect on tissue health parameters.

Patient selection and inclusion criteria included; 1) adequate inter-arch space to provide enough room for both attachment and prosthesis (48), 2) a good canine abutment root status as regards intra-radicular anatomy and external morphology to assure non complicated endodontics and proper load distribution (49), 3) adequate surrounding bone and healthy periodontium to assure the long term prognosis (50).

Caries susceptibility for copping and non-copping tooth overdenture abutment is a common complication and it was reported by many authors (32, 51). Caries was not the scope of this work but tooth surface discoloration was noted in some patients and was managed by prophylaxis and topical fluoride application and no caries lesion was detected on patients’ scheduled follow-up.

Periodontal mobility was not to exceed Grade II (all cases were grade I or no mobility) upon patient inclusion which were changed after oral hygiene measures and crown reduction to no mobility. Change of crown/root ratio has a direct impact on decreasing mobility giving the abutment more resistance to oral forces (52, 53).

Also this was declared by other authors as Renner et al (54), they pointed out that using retained roots as overdenture abutments can prevent mobility in 50% of roots, and improve periodontal status in 25% of roots. Crown reduction is also suggested to improve compromised abutment’s periodontium by other researchers (18,55). Mobility was not the scope of this work but no abutment mobility was detected on patients’ scheduled follow-up.

The gingival inflammation is the first step in the periodontium affection dilemma especially when gingival inflammation fails to resolve and turn to become chronic (56). Hence monitoring of gingival health is important to disclose the possibility and risk of inflammatory destruction of periodontal tissues (57), and subsequent risk of abutment teeth eventual loss (58, 59).

The MGI is a subjective scale index that was believed to increase the sensitivity of gingival scoring scale and be less aggressive by eliminating the bleeding on pressure maneuvers (45). According to Lobene et al (60), the MGI has a significant correlation with other indices that claimed more invasive as Gingival Index, Interdental Bleeding Index and Papillary Bleeding Index.

The results of this work showed a non-significant change in MGI within or between groups, which can be attributed to strict oral hygiene and regular
follow-up. But the more important interpretation is the absence of active chronic inflammation during the study period.

Some authors considered CAL as a key element to represent and judge the health status of teeth/abutments\(^{(43, 61)}\), others suggested CAL strong relation to the tooth loss\(^{(62)}\), others considered that radiographic data is needed as a supplementary information to complement the probing data\(^{(63)}\) and others reported concordance in radiographic and attachment level change found in 82% of the sites examined\(^{(64, 65)}\).

The results of CAL reflected a significant decrease of CAL for all successive periods in both groups with an insignificant difference after 3 years of study. The non-significant results of MGI over the follow-up periods combined with the significant change in CAL over the same periods in both groups may suggest minimal or no inflammatory origin of the change in CLA.

The results showed a reduction in both CAL and change in MBC by time which was significant when both groups were compared for the total 3 year period. Thus, the stresses transferred by loading the abutments may be claimed responsible for that. That was presented by authors as Reinhardt et al\(^{(66)}\) Reddy and Vandana\(^{(67)}\), they pointed out that the principal stresses on the periodontium on occlusal loading are maximum near the alveolar crest. Such stress generation was suggested to affect the integrity of the periodontal structures as a biologic reaction\(^{(68)}\) and even reducing alveolar bone heights\(^{(69)}\).

The stress transition to the periodontium from direct occlusal loading through natural tooth, differs from the stress transition from artificial teeth and denture base to the periodontium through attachment. Besides, both used attachments offers innate stress reduction functionality\(^{(20, 21, 28, 70, 71, 72)}\).

Also, according to Zhang H. et al\(^{(73)}\), teeth loading should be discussed, taking into consideration that there is a difference between the maximum tooth stress (MTS) and maximum periodontal stress (MPS) and consequently they are not a cause and effect relationship. In addition, Fan and Caton\(^{(74)}\) concluded that occlusal forces is not related to gingival recession or loss of periodontal attachment.

It was reported that even the clinical inflammation-free periodontium, may suffer negative changes as CAL, possibly due to a combination of excessive force and frequency of mechanical stimulation with a potential bone loss especially in aging subjects\(^{(75, 76)}\). It is important to consider the relation between periodontal ligament (PL) and alveolar bone, masticatory forces, aging. As the PL cells are involved in alveolar bone repair. That relation is affected or disturbed by loading and becomes irregular especially by aging\(^{(77)}\), reports specified a correlation between alveolar loss increases up to the age of 45 years, then a steady rate increase continued among individuals ≥50 years\(^{(78)}\). This was emphasized on earlier reports that discussed a moderate loss of PL and alveolar bone as an aging natural consequence\(^{(79)}\). Discussing CAL and related MBC as a multifactorial situation is more logical because the non-inflammatory or stress-induced causes imply an oversimplification.

Generally speaking, ball attachment is of low bulk and allows free prosthesis movement (stress breaking action) that preserves their periodontium integrity\(^{(80)}\). Ball group significant difference may be attributed to their design that offers prosthesis stabilization and retention\(^{(20, 21)}\).

In this work the ∆CAL and ∆MBC showed a positive correlation in both groups especially in ball group. According to Odom & Morrow\(^{(81)}\) the correlation coefficient interpretation is more significant in simple or multifactorial procedures. More +ve correlation in ball group means that the possibility of stress scenario is highly recommended. It is also worthy to mention that the recorded rate of ∆CAL and ∆MBC was in the acceptable range.
A study reported inflammatory-origin $\Delta$CAL for 9 months follow-up as 1.03 mm, 0.357 mm, 0.581 mm for sever, moderate and mild affected sites respectively (82). While another 5 year follow-up study reported an average annual CAL of 0.3±0.01mm in healthy subjects where $\Delta$CAL increased rate with age (up to 40-49 years) and among males (83). Schätzle et al (84) reported mean CAL in healthy subjects that range 0.02 - 0.1 mm annually with a continuous increase after the age of 40 years. Also a range of 0.36-0.38 mm/year was reported in periodontitis affected teeth (85). While a systematic review of Needleman et al (86) briefed a mean annual attachment loss in healthy periodontium 0.1 mm/year that increased in periodontitis up to 0.6 mm/year.

The limited sources addressing the CAL and MBC for tooth overdenture abutments, necessities a careful results interpretation (87, 88, 89).

Early reports described the important relation between overdenture abutment position in their arches and their gingival health and pocket depth (90,91). Morrow et al (92) reported 9.0 mm increase in pocket depth over a 6month follow-up. Fenton and Hahn (93) found insignificant change in pocket depth in comparison with control teeth group. Davis et al (94) reported 0.54mm increase in the loss of width of the attached gingiva. Toolson et al (95,96) reported in a 2 year study a minor change of 0.2mm in pocket depth yearly and a mean gingival index of 1.6. Graser and Caton (97) reported 0.2mm increase in pocket depth over 1 year follow up.

Change in CAL and MBC is a multifactorial problem and both the periodontal stress scenario and the inflammatory scenario were widely accepted in literature, but the MGI results direct attention to stress based understanding. The weak +ve correlation between CAL and MBL in the magnetic group may be suggestive to a load stress-based interpretation and understanding, as the magnets are known for lateral force dissipation (36, 98) so it is less vulnerable to transfer destructive forces to the periodontium. Control of oral hygiene may have limited the inflammatory background, but it cannot assure its absence even on subclinical pattern.

It is worthy to report the patient expressed satisfaction with the attachment retained prosthesis immediately after delivery, especially the stability in ball group and the self-alignment in magnetic group, that was also mentioned in other clinical reports (25, 99, 100,101). One patient complained of metallic taste in the magnetic group in the first 3 months after prosthesis delivery, and this was repeated when the magnet was replaced after 2 years of use.

CONCLUSION

In conclusion, the results suggested a relation between transmitted occlusal loading to the periodontium and the results of study parameters, but the strength of results should be carefully interpreted due to the small subject number. Although it could be concluded objectively that the two canine supported mandibular overdenture is an acceptable treatment modality.

Also, the impact of the two attachment types on the periodontium is acceptable. And according to the study criteria, no one type is preferred over the others. But the magnetic attachment seems preferred in terms of less effect on the periodontium and low profile.

This line of treatment may be suggested to offer predictable results, once the hygiene measures were followed to preserve periodontium health.

Conflict of interest

The author declare no conflict of interest.

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