

CYCLIC FATIGUE RESISTANCE OF EDGEFILE X7, EDGE ONE, WAVEONE GOLD AND WAVEONE ROTARY FILES USING ARTIFICIAL CANALS WITH DIFFERENT ANGLES AND RADII OF CURVATURE

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ABSTRACT

Aim: To assess and compare the cyclic fatigue resistance of EdgeFile X7, EdgeOne, WaveOne Gold and WaveOne rotary files using artificial canals with different angles and radii of curvature.

Materials and methods: One hundred and sixty NiTi files from four different systems (N= 40 each) were used; Group 1: WaveOne, Group 2: WaveOne Gold, Group 3: EdgeOne and Group 4: EdgeFile X7. The files were tested for cyclic fatigue resistance using a custom made static model with various angles and radii of curvature (angle 60° radius 2.5mm and radius 5mm). The files were operated according to the manufacturers' instructions inside the artificial canals till fracture. A digital stopwatch was used to record the time till fracture (TTF) in seconds and the length of the fractured segment (FL) was recorded.

Results: The highest TTF values were found in the WaveOne Gold group followed by the EdgeOne group then the WaveOne group while the least was in the EdgeFile X7. There was no statistically significant difference between WaveOne Gold and EdgeOne at all angles and radii of curvature. There was a statistically significant difference between both the WaveOne Gold, EdgeOne and the EdgeFile X7. Angle 90° with 2.5mm radius showed the lowest cyclic fatigue resistance. WaveOne Gold and EdgeFile X7 showed lower FL compared to WaveOne.

Conclusion: WaveOne Gold and EdgeOne showed superior comparable cyclic fatigue resistance which was higher than that of WaveOne while EdgeFile X7 showed the least cyclic fatigue resistance.

KEYWORDS: WaveOne Gold, Edge files, Fire wire, Mwire, Cyclic fatigue.

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Separation of endodontic files during clinical use is considered a major problem and is shown to be the most frequent procedural error that could occur during the chemo mechanical preparation ^(1,2). The use of NiTi rotary files for root canal preparation has increased owing to their unquestionably favorable properties but unfortunately, they have the drawback of unpredicted fracture. Fatigue fracture happens due to repetitive tensile and compressive stresses at the point of maximum flexure of an instrument rotating in a curved canal and the instrument may not display any sign of fatigue or deformation prior to its use ⁽³⁻⁶⁾.

Recent NiTi instruments have been developed with enhanced fracture resistance features that include reciprocating kinematics instead of continuous rotation where reciprocating rotation was shown to increase the cyclic fatigue resistance of NiTi files, compared to continuous rotation⁽⁷⁻⁹⁾. The lower stress induced by reciprocating motion enables the endodontist to use a single NiTi instrument to prepare the entire root canal system⁽¹⁰⁾. The reciprocating motion is based on a counterclockwise (CCW) motion (cutting direction) and a clockwise (CW) motion (release of the instrument) (11). Furthermore, modification of instruments' designs, its metallurgical properties and surface treatments greatly enhanced their resistance to fracture^(12,13).

Edge One and EdgeFile X7 (EdgeEndo, Albuquerque, NM, USA) are two newly introduced files made from heat treated FireWire NiTi which is thought to have an improved cyclic fatigue resistance⁽¹⁴⁾. Edge One is a reciprocating single file with a parallelogram cross section while EdgeFile X7 is a rotation multiple file system with a parabolic cross section, and the manufacturer claims that both cross sections increase the cutting efficiency and strength of the file rendering it more resistant to fracture⁽¹⁵⁾.

WaveOne and WaveOne Gold (Dentsply, Maillefer, Ballaigues, Switzerland) are single files reciprocating systems with different cross sections, geometry and different alloys. WaveOne is made of M Wire and has a modified convex triangular cross section in the apex with a convex triangular cross section in the middle and coronal sections, WaveOne Gold is manufactured with a gold heat treatment procedure with an off centered parallelogram cross section having two cutting edges. Gold heat treatment is executed manually by heating the file and then cooling slowly which generates Ti₂Ni₄ precipitates dispersed over the surface, in contrast to the premanufacturing heat treatment of M Wire technology. This new heat treatment improves the flexibility of the file and its cyclic fatigue resistance as well (16-1)8.

As the root canal curvature and its radius can affect the cyclic fatigue resistance of NiTi files which in turn possess a significant challenge to clinical endodontic practice⁽¹⁹⁾, this study was conducted to assess and compare the cyclic fatigue resistance of EdgeOne, WaveOne Gold, WaveOne reciprocating file systems and EdgeFile X7rotation file system in different root canal curvatures with different radii of curvatures.

MATERIALS AND METHODS

Grouping

One hundred and sixty files of four different NiTi systems with different metallurgies and kinematics were used in this study and were divided into 4 main groups.

Group 1: WaveOne (Dentsply, Maillefer, Ballaigues, Switzerland) Primary size 25/0.07 made of Mwire in a reciprocating motion.

Group 2: WaveOne Gold (Dentsply, Maillefer, Ballaigues, Switzerland) Primary size (25/0.07) made of gold wire in a reciprocating motion.

Group 3: EdgeOne (EdgeEndo, Albuquerque,

NM, USA) size (25/ Variable taper) made of fire wire in a reciprocation motion

Group 4: EdgeFile X7 (EdgeEndo, Albuquerque, NM, USA) size 25/0.06 made of fire wire in a rotation motion

The main groups were further divided into subgroups according to the different angles of curvatures and radii of curvatures as follows:

Angle 60° with a 2.5mm radius, angle 60° with a 5mm radius.

Angle 90° with a 2.5mm radius and angle 90° a 5mm radius.

All the files were carefully inspected under a dental operating microscope (Seiler, BLVD, St. Louis, MO, USA) at 16 X magnification to detect any defects or deformities.

Cyclic fatigue apparatus

The cyclic fatigue test was performed using a custom-made apparatus that was specially designed for this experiment by using a modification of the apparatus described by Larsen *et al.* ⁽²⁰⁾ and Capar *et al.*⁽²¹⁾. A stainless steel cyclic fatigue testing block with dimensions of 9.5 cm length x 4cm height and 0.5mm in thickness was fabricated. Four artificial canals were milled in this block (angle 90° radius

2.5mm, angle 90° radius 5mm, angle 60° radius 2.5mm and angle 60° radius 5mm) Figure (1). The depth of the simulated canals was 2mm. This block was fixed in a custom made cyclic fatigue testing apparatus to achieve a reproducible position for the handpiece and all the files throughout the test $^{(22)}$.

Cyclic fatigue test

All the files and the artificial canals were lubricated using a synthetic oil lubricant (Pana spray plus, NSK, Japan) to minimize the friction between the canal and files and to ensure the free rotation of files within the artificial canal. The top of the stainless steel block was covered with glass.

After the hand piece was mounted on the apparatus, each file; according to each group and subgroup, was precisely positioned in the block. Instruments were operated in an X smart plus endomotor (Dentsply Sirona, Ballaigues, Switzerland) according to the manufacturers' instructions and the length of the file was adjusted to 19 mm, where WaveOne was operated in the WaveOne Mode, WaveOne gold was operated in the WaveOne Gold Mode, EdgeOne was operated at a speed of 350 rpm and a torque of 3 N.cm in a reciprocating motion (150° counterclockwise (CCW) direction and 30° in a clockwise (CW) direction) and EdgeFile X7 was operated at a speed

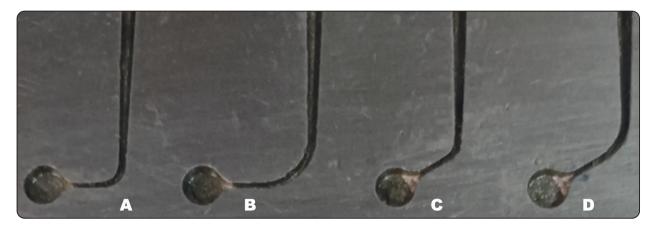


Fig. (1): Cyclic fatigue testing block; (a) angle 90° radius 2.5mm, (b) angle 90° radius 5mm, (c) angle 60° radius 2.5 mm, (d) angle 60° radius 5mm

of 350 rpm and a torque of 3 N.cm in a continuous rotation motion.

All the files were operated until fracture occurs and could be visually and audibly detected. The time from the start of the file motion till it fractures; time to failure (TTF), was recorded in seconds using a digital stopwatch which was started the moment the motor was turned on and was stopped at fracture detection.

The length of the fractured segment of each file (FL) was measured using an Endoblock ruler (Dentsply, Maillefer, Ballaigues, Switzerland).

Statistical analysis

Statistical analysis was performed with IBM SPSS Statistics for Windows, Version 26.0. Armonk, NY: IBM Corp. Data were presented as mean and standard deviation (SD). They were explored for normality using Kolmogorov-Smirnov and Shapiro-Wilk tests. Kruskal Wallis test was used to compare all tested groups followed by Mann Whitney U test for pair wise comparison. Mann Whitney test was used to compare different angles and radii of curvature in each group. The significance level was set at $P \le 0.05$.

RESULTS

The means and standard deviations of the TTF values are shown in Table 1 and Figure 2. The highest TTF values were found in the WaveOne Gold group followed by the EdgeOne group then the WaveOne group while the least was in the EdgeFile X7. There was no statistically significant difference between WaveOne Gold and EdgeOne at all angles and radii of curvature. There was a statistically significant difference between both the WaveOne Gold, EdgeOne and the EdgeFile X7 where the EdgeFile X7 showed the lowest significant values. WaveOne group showed insignificant difference with all other groups.

For all the tested file systems, Angle 90° with a 2.5mm radius showed the lowest cyclic fatigue followed by Angle 90° with a 5mm radius. There was no statistically significant difference between angle 60° with a 2.5 mm radius and angle 60° with a 5mm radius.

The means and standard deviations of the lengths of the fractured segments (FL) are shown in Table 2 and Figure 3.

Angle 60 Angle 90 2.5 5 2.5 5 p-value SD SD SD SD Mean Mean Mean Mean 147.4^{abBC} 28.9 111.1^{abB} WaveOne 217.8^{abC} 32.1 63.7^{abA} 6.5 15.9 <0.001* WaveOne Gold 176.5^{aBC} 26.1 277.6^{aC} 40.0 87.2ªA 27.8 139.1^{aB} 19.0 < 0.001* Cyclic fatigue test EdgeOne 170.5^{aBC} 19.9 255.4^{aC} 78.7^{aA} 128.8^{aB} < 0.001* 38.0 23.3 12.5 165.8^{bBC} EdgeFile X7 111.0^{bBC} 9.4 33.8 48.0^{bA} 12.9 74.2ыв 12.7 < 0.001* < 0.001* < 0.001* < 0.001* < 0.001* p-value

TABLE (1): Mean and SD of Time to failure for all the tested groups in seconds

NS = non-significant, * = significant

Different lowercase letters within each column indicate significant difference. Different uppercase letters within each row indicates significant difference

		Angle 60				Angle 90				
		2.5		5		2.5		5		p-value
		Mean	SD	Mean	SD	Mean	SD	Mean	SD	
Length of the broken fragment	WaveOne	3.6 ^{aB}	0.6	3.6 ^{aB}	1.1	2.3ªA	0.8	3.2 ^{aAB}	0.9	0.01*
	WaveOne Gold	2.3ªA	0.9	2.6 ^{bA}	1.0	2.2ªA	0.5	3.0 ^{aA}	1.0	0.260 NS
	EdgeOne	3.1^{aAB}	0.8	3.7^{abB}	1.0	2.3ªA	0.5	3.5 ^{aB}	1.1	0.01*
	EdgeFile X7	3.6 ^{aB}	0.7	3.4 ^{bB}	1.0	1.9ªA	0.5	2.6^{aAB}	0.6	<0.001*
p-value		0.082 NS		0.009*		0.162 NS		0.298 NS		

TABLE (2): Mean and SD for the Lengths of the broken fragments (FL) for all the tested groups in mm

NS= non-significant, *= significant

Different lowercase letters within each column indicate significant difference. Different uppercase letters within each row indicates significant difference

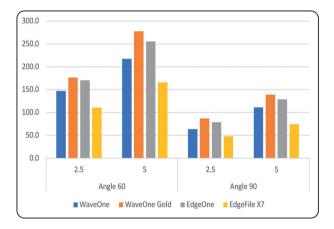


Fig (2): Bar chart showing the Mean and SD of the Time to failure (TTF) for all the tested groups in seconds

At different angles and radii of curvature, there was no statistically significant difference among all tested file systems except with Angle 60° with a 5mm radius; in which WaveOne Gold and EdgeFile X7 showed lower fragment length compared to WaveOne.

For WaveOne Gold, insignificant difference was found between the different angles and radii of curvature (p=0.260). On the other hand, for WaveOne, EdgeOne and EdgeFile X7, angle 90° with a 2.5 mm radius showed the lowest fragment

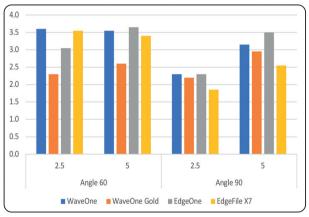


Fig. (3): Bar chart showing Mean and SD for the Lengths of the broken fragments (FL) for all the tested groups in mm.

length compared to angle 60° with a 5mm radius and a 2.5mm radius.

DISCUSSION

The knowledge about the resistance of files to cyclic fatigue is very essential since it was shown that most of the files that fracture during clinical use, mainly fracture as a result of their cyclic fatigue, that's why manufacturers always try to improve the cyclic fatigue resistance of NiTi rotary files by altering the metallurgy, design, and kinematics of the files^(16,23–25). Previous studies also reported that the file cyclic fatigue resistance is greatly affected by the radius and angle of the curvature of the root canal ^(26,27). Therefore, the aim of this study was to assess and compare the cyclic fatigue resistance of EdgeOne, WaveOne Gold, WaveOne reciprocating file systems and EdgeFile X7rotation file system in different root canal curvatures with different radii of curvatures.

Fire wire (EdgeOne and EdgeFile X7), Gold wire technology (WaveOne Gold), M Wire (WaveOne) instruments were chosen to be tested in this study to reveal whether different manufacturing methods, alloys and kinematics would influence the fatigue resistance of the endodontic instruments produced with different alloys.

Stainless steel artificial canals have been used in the study rather than extracted teeth to standardize the test and to exclude all other possible confounders caused by other mechanisms of file separation away from cyclic fatigue^(23,28). The use of stainless steel material to manufacture the block and milling the canals inside it aimed at preventing the wear of the canals after repeated use thus preserving the same trajectory for all files. Furthermore, the depth of the artificial canals was milled to 2mm in order to accommodate the different sizes and tapers of all files allowing them to rotate freely inside the canal ⁽²⁹⁾.

A glass top cover was used to cover the stainless steel testing block to allow visualization of the file while operating in the canal and the moment at which the instrument fractures, in addition, it also aided in maintaining the oil inside the canal for a longer period, preventing the file from deviating out of the canal space and preventing the loss of the broken fragments ^(20,21).

The length of the files was adjusted to 19mm using the file stoppers to standardize the instrument placement inside the canals for all files^(20,28)

The results of this study showed that the cyclic fatigue values of all the reciprocating file systems; WaveOne Gold, WaveOne and EdgeOne, were greater than that of the rotational motion file system EdgeFileX7. These findings were in accordance with Castello-Escriva et al. 2012(30), Kiefner et al. 2014⁽³¹⁾, Alcalde et al. 2018^{(32),} Merima et al. 2022 (6). and Bueno et al. 2020 (33) who showed that reciprocating motion reduces the cyclic fatigue resistance of endodontic files thus lowering the probability of instrument separation inside the root canal. However, the results were in disagreement with Gundogar et al.⁽¹⁶⁾ and Oh et al. 2020⁽³⁾. who both compared the cyclic fatigue resistance of WaveOne Gold, Reciproc and Hyflex EDM and concluded that the rotation motion HyFlex EDM showed the highest cyclic fatigue resistance which may be due to its electrical discharge machining process during manufacturing as well as being made of a CM-wire alloy.

In all tested files systems, angle 90° showed less cyclic fatigue resistance than angle 60°. In addition, a 2.5mm radius showed less cyclic fatigue resistance than a 5mm radius. The results were in accordance with Al Halawi *et al.* 2017⁽²⁸⁾ and Kotsi *et al.* 2011⁽³⁴⁾ who stated that the cyclic fatigue resistance increases with the decrease in the angle of curvature. The results were also in accordance with Font *et al.* 2012 ⁽³⁵⁾ who stated that the decrease in the root canal radius of curvature significantly increased the likelihood of fracture. However, the results were in disagreement with Pedulla *et al.* 2020 ⁽³⁶⁾ who found that the decrease in radius of curvature increases the cyclic fatigue resistance.

Regarding the two systems made of FireWire; EdgeOne reciprocating file and EdgeFile X7 rotation file, EdgeOne had more cyclic fatigue resistance than EdgeFileX7 which was statistically significant, this result was in accordance with Mathew *et al.* 2019⁽³⁷⁾ who tested the cyclic fatigue resistance of two

(3977)

EdgeEndo fire wire files; one reciprocation motion file and one rotational motion file and showed that reciprocation motion files had better cyclic fatigue resistance than the rotational ones.

There was no statistically significant difference between WaveOne Gold and EdgeOne files regarding the cyclic fatigue resistance and both were superior to WaveOne file. The results were in accordance with Uslu et al. 2017⁽³⁸⁾ who investigated the cyclic fatigue resistance of WaveOne and WaveOne Gold under various conditions and concluded that WaveOne Gold had superior cyclic fatigue resistance compared to WaveOne. The results also agreed with Ozyurek 2016⁽³⁹⁾ who stated that the cyclic fatigue resistance of the WaveOne Gold Primary was higher than that of the WaveOne Primary and Reciproc R25 which may be due to its high Af value and 2-stage transformation behavior. These results disagreed with Jamleh et al. 2019⁽¹³⁾, who tested the cyclic fatigue resistance of a FireWire file and a Gold wire file and concluded that the one made of FireWire had a superior cyclic fatigue resistance compared to that made of Gold wire.

Regarding the length of the fractured instrument, angle 90° with a 2.5 mm radius showed the lowest fragment length, and there was no statistically significant difference among all groups except that of angle 60° with a 5 mm radius in the WaveOne Gold and EdgeFile X7 in comparison to WaveOne which could be due to the superior alloy of manufacturing⁽³⁸⁾. The fractured length of each file occurred at the center of curvature or just below this point, which confirms that the instruments were positioned in a precise trajectory^(16,39)

CONCLUSION

WaveOne Gold and EdgeOne showed a comparable cyclic fatigue resistance which was higher than that of WaveOne while EdgeFile X7 showed the least resistance to cyclic fatigue.

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