

VOL. 71, 2113:2126, JULY, 2025

PRINT ISSN 0070-9484 • ONLINE ISSN 2090-2360



#### Oral Medicine, X-Ray, Oral Biology and Oral Pathology

 Accept Date: 23-04-2025 Available online: 10-07-2025 • DOI: 10.21608/edj.2025.369258.3422

# ASSESSMENT OF THE ANTERIOR LOOP OF THE INFERIOR ALVEOLAR NERVE, AND MENTAL FORAMEN IN A SAMPLE OF EGYPTIAN POPULATION USING CBCT: RETROSPECTIVE STUDY

Ola Mohamed Rehan\* Abdelmoez Mohamed Elsharkawy\*\* and Hala Wafik El Fayoumy\*

#### **ABSTRACT**

Aim: To assess the incidence and length of the anterior loop (AL) and the position of mental foramen (MF) in a sample of Egyptian population and to correlate them to sex and age.

Methods: This retrospective study incorporated a random selection of 323 patients who required treatment for various dental issues. Cone beam computed tomography (CBCT)-based features of the incidence and length of AL, the position of MF, the mandibular contour at the MF, mandibular canal (MC) path, and the distance from MF to the alveolar crest (AC) were evaluated and correlated to sex and age.

Results: The most common position of MF was below the second premolar; 45.7% and 62.7% in males and females respectively. The distance from the MF to AC in Males was (14.58±2.88), showing no significant difference from females (14.36±2.64) (p=0.30). The presence of AL (the most common path of MC) was revealed in 52.8%, 60.6% of males and females respectively, revealing statistically significant result (p=0.046). Type B was the most frequent type of mandibular contour at MF, detected at 37.7% in males and 51.9% in females. Positive correlation was significant between it was distance from MF to AC and length of AL (p=0.042).

Conclusion: CBCT scans play a vital role in accurately evaluating the AL and MF, which helps in avoiding nerve damage during surgeries. This research concentrated on the occurrence of the anterior loop in the Egyptian population and highlighted the necessity for personalized treatment strategies.

KEYWORDS: CBCT; Inferior alveolar nerve; Mental foramen; Anterior loop

<sup>\*\*</sup> Lecturer, Oral and Maxillofacial Surgery, Faculty of Dentistry, Cairo University.



Lecturer, Oral and Maxillofacial Radiology Faculty of Dentistry Cairo University

(2114) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

#### INTRODUCTION

Careful planning and detailed knowledge of the anatomical landmarks of the mandible are mandatory before any surgical interventions such as implant placement, open reduction in fractures, extraction of teeth, and root canal treatment in the mandibular anterior region to prevent expected complications and confirm successful results.<sup>1,2,3</sup> It is crucial to comprehend the structure of the inferior alveolar nerve (IAN) and the mental foramen (MF) to prevent nerve damage caused by failing to identify the location and dimensions of the anterior loop (AL) and MF.<sup>1</sup>

Pain or numbness in the areas innervated by IAN are common complications post surgically.3 The IAN runs through the mandibular canal (MC), which is situated near the lingual cortex of the mandible until it reaches the mesial side of the first molar. From there, it shifts more towards the buccal side until it ends in the MF as a mental nerve where it may form the AL which is defined as the extension of the IAN in a forward direction, beyond the MF, and then returns to emerge from the MF.4 The assessment of the IAN can be performed using conventional radiographic techniques such as panoramic radiography. However, this twodimensional (2D) modality is inaccurate due to the magnification factor and the image distortion of the anterior area. In addition, it offers limited information buccolingually.5

Cone-beam computed tomography (CBCT) has become a reliable imaging technique because of its improved image quality, measurements accuracy, three-dimensional (3D) analyses, and personalized treatment plans that can be created by the operator to reduce risks and increase treatment effectiveness.<sup>6</sup> As the incidence and length of AL vary among different populations,<sup>7,8</sup> this study aimed to assess the incidence and length of the AL and the position of the mental foramen in a sample of Egyptian population and to correlate them to sex and age.

#### MATERIALS AND METHODS

# Sample calculations

A power analysis was conducted to ensure sufficient power for the statistical test related to the prevalence of the anterior loop. By setting a confidence interval of 95% and a margin of error of 5%, while applying a finite population correction and using a prevalence proportion of 30% based on findings from Jena et al., the predicted sample size (n) was determined to be 323 cases. Sample size calculation was performed using R statistical analysis software version 4.3.2 for Windows.

# Study design and subjects Collection

This retrospective study received ethical approval from the Ethics Committee of Faculty of Dentistry, Cairo University (28324). CBCT scans of 323 adult Egyptian patients (161 females, 162 males) were randomly selected from the Department of Oral and Maxillofacial Radiology database from January 2023 to January 2025. Egyptian dentulous patients ≥20 years were included in this study. Patients with evidence of pathological lesions, trauma, low-quality imaging, or artifacts in the area of interest were excluded.

# **Image acquisition**

The CBCT data were obtained using a Planmeca ProMax 3D device (Helsinki, Finland). The field of view (FOV) was set to either 16 × 16 cm or 20 × 20 cm, with a voxel size of 0.4 mm. Scans were conducted at 90 kVp, with a current range of 8-12 mA, and an exposure time of 13.5 seconds. All images were analyzed by Planmeca Romexis software (version 6.0.0.3.R) on a computer screen. Multiple reconstructed images in different planes (including panoramic, axial, sagittal, and cross-sectional views) were employed to examine the following variables on both sides. The sagittal view was aligned parallel to the mandible on the side being studied by adjusting the axial plane.

# 1. The position of the mental foramen (MF)

Reformatted panoramic view was used to detect the location of the MF in relation to the roots of the mandibular teeth as following: a) Beneath the first premolar, b) Between the first and second premolars, c) Beneath the second premolar, d) between the second premolar and the first molar, f) Beneath the first molar.

# 2. The linear distance from the mental foramen (MF) to the alveolar crest (AC)

It is measured on the cross-sectional view from the upper end of the MF to the AC (in mm) using the linear measurement tool of Romexis (Fig. 1).

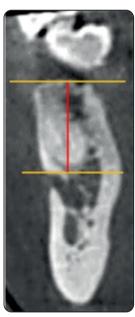


Fig. (1) CBCT, cross-sectional view showing the distance between the alveolar crest (AC) and the upper border of the mental foramen (MF).

# 3. The mandibular canal (MC) path toward the mental foramen (MF)

The IAN was traced within the MC on successive cross-sectional views using the nerve tracing feature of Romexis. MC path is detected on reformatted panorama and confirmed by sagittal view. The MC path was divided into linear, vertical, and AL following Al-Mahalawy et al.<sup>10</sup> (**Fig. 2**).

# 4. The presence of the anterior loop (AL)

The AL was considered when the IAN extended beyond the MF, in the anterior and inferior direction, then curved back to the MF (**Fig. 3**).

# 5. The length of the anterior loop (AL)

It was measured on the sagittal view as a distance from the most anterior point of the AL to the most mesial border of the MF (in mm) (Fig. 4). For standardization, two tangential lines to the previous points were drawn perpendicular to the inferior border of the mandible.

# 6. The shape of mandible at the mental foramen (MF)

On the cross-sectional view at the MF region, the mandibular contour is divided into four types: type A, when the buccal wall was convex and the lingual wall was straight or concave, type B; when the buccal wall was straight or concave and the lingual wall was convex, type C; when both buccal and lingual walls were convex, and type D when both buccal and lingual walls were straight or concave (Fig. 5).



Fig. (2) CBCT, sagittal views showing the mandibular canal (MC) path by tracing the inferior alveolar nerve (IAN). A: Linear path, B: Vertical path, and C: Anterior loop (AL).

(2116) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

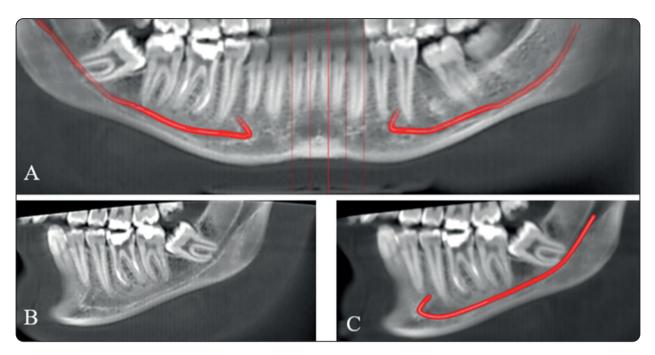


Fig. (3) CBCT images, A: Reformatted panoramic view, B and C; Sagittal views showing the anterior loop (AL) of the inferior alveolar nerve (IAN).

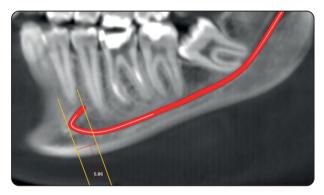


Fig. (4) CBCT sagittal view showing the anterior loop (AL) length of the inferior alveolar nerve (IAN).

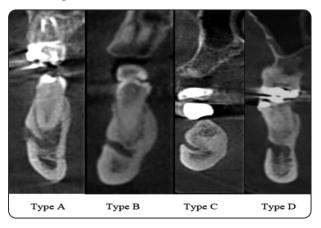


Fig. (5) CBCT, cross-sectional views showing the shapes (types) of the mandible at the mental foramen (MF).

To reduce potential bias and to assess the interobserver reliability, data collection was conducted randomly and evaluated by two experts, each with over 15 years of experience.

# Statistical analysis

Statistical Package for Social Sciences (SPSS) version 20 was utilized for data management and statistical analysis. Mean and standard deviation were used to summarize numerical data. Independent t test was applied to compare right and left sides and, males and females relating to normally distributed numeric variables. Independent t test was also used to compare age according to the incidence of AL. Comparison of age in different categories of position of MF, MC path and the shape of the mandible at the MF were compared using ANOVA test. To assess the inter-observer reliability, ICC was calculated.

Qualitative data were expressed as count and percentage; and were compared using chi square test. The Pearson correlation test is utilized to assess the linear relationship strength between two variables. The correlation coefficient ranges from -1 to 1. A value of -1 indicates a perfect negative linear correlation, 0 signifies no correlation, and +1 represents a perfect positive correlation. The strength of the correlation is interpreted as follows: The absolute value of r: .00-.19 (very weak), .20-.39 (weak), .40-.59 (moderate), .60-.79 (strong), .80-1.0 (very strong). All p-values are two-sided. P-values ≤0.05 were considered significant.

#### **RESULTS**

This study comprised 162 males of average age (39.38±13.57 years) and 161 females, with average age (34.52±11.79) years. The inter-observer agreement was excellent (ICC= 0.931). In males, no statistically significant results between right and left sides for all variables except the distance from MF to AC that was statistically significant while, in females, the length of AL was the only variable showed statistically significant result between both sides. Generally, both sides (of males and females together) did not reveal significant difference for all variables.

The position of MF in males was 42.9% between first and second premolars and was 45.7% below the second premolar; compared to 32.3% and 62.7% in females respectively and the difference was statistically significant (p=0.000) between males and females. The distance from the MF to AC in Males was (14.58±2.88), which was statistically not significant from females  $(14.36\pm2.64)$  (p=0.30). The presence of AL was found in 52.8% of males and 60.6% of females, with statistical significance (p=0.046). The length of AL in males recorded (1.61±1.6), which was significantly greater than females  $(1.22\pm1.35)$  (p=0.001). The path of MC in males showed 52.8% as AL, 28.1% as linear and 19.1% as vertical compared to 60.6%; 22.4% and 17.1% in females respectively. The difference between males and females was not significant, with a p-value of 0.122. The mandibular shape at MF was reported at 5.2%, 37.7%, 20.7%, and 36.4% in males and 2.2%, 51.9%; 20.8% and 25.2% in females for type A, type B, type C, and type D respectively. The difference between both sexes was significant (p=0.000) (Table 1) (Fig. 6-9).

TABLE (1) Comparison of males and females on the right side, the left side, and both sides together (Chi square test for qualitative variables, independent t test for quantitative variables).

Variable  The position of mental foramen	Gender	Right				Left				Right + left			
			ales 162)		nales 161)		ales 162)		nales 161)		ales 324)		nales 322)
		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
	Below 4	1	0.6	3	1.9	1	.6	2	1.2	2	.6	5	1.6
	Between 4 & 5	66	40.7	47	29.2	73	45.1	57	35.4	139	42.9	104	32.3
	Below 5	74	45.7	104	64.6	74	45.7	98	60.9	148	45.7	202	62.7
	Between 5&6	19	11.7	6	3.7	12	7.4	3	1.9	31	9.6	9	2.8
	Below 6	2	1.2	1	0.6	2	1.2	1	0.6	4	1.2	2	.6
	P value	.003*				.023*			.000*				

(2118) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

	Gender	Right				Left				Right + left			
Variable		Males (n=162)		Females (n=161)		Males (n=162)		Females (n=161)		Males (n=324)		Females (n=322)	
Distance from mental foramen to alveolar crest		Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
		14.79	2.94	14.35	2.56	14.37	2.82	14.36	2.72	14.58	2.88	14.36	2.64
	P value	.157 ns			.959 ns				.30 ns				
The presence of anterior loop		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
	Yes	86	53.1	95	59	85	52.5	100	62.1	171	52.8	195	60.6
	No	76	46.9	66	41	77	47.5	61	37.9	153	47.2	127	39.4
	P value	.284 ns			.08 ns				.046*				
The length of		Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
anterior loop		1.63	1.88	1.32	1.42	1.59	1.25	1.13	1.27	1.61	1.60	1.22	1.35
	P value	.102 ns				.001*				.001*			
The path of mandibular canal		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
	AL	86	53.1	95	59	85	52.5	100	62.1	171	52.8	195	60.6
	Linear	47	29	36	22.4	44	27.2	36	22.4	91	28.1	72	22.4
	Vertical	29	17.9	30	18.6	33	20.4	25	15.5	62	19.1	55	17.1
	P value	.383 ns			.210 ns				.122 ns				
The type of the mandible at the mental foramen		No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
	A	9	5.6	4	2.5	8	4.9	3	1.9	17	5.2	7	2.2
	В	64	39.5	85	52.8	58	35.8	82	50.9	122	37.7	167	51.9
	С	32	19.8	32	19.9	35	21.6	35	21.7	67	20.7	67	20.8
	D	57	35.2	40	24.8	61	37.7	41	25.5	118	36.4	81	25.2
	P value	.049*			.023*			.000*					

4; First premolar, 5; Second premolar; 6; First molar; Significance level p≤0.05, \*significant, ns=non-significant

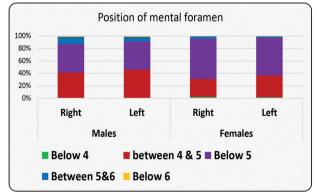


Fig. (6) Bar chart illustrating distribution of the position of the mental foramen (MF) in right and left sides in males and females.

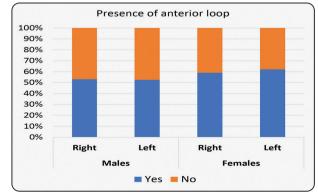


Fig. (7) Bar chart illustrating the presence of anterior loop (AL) in right and left sides in males and females.

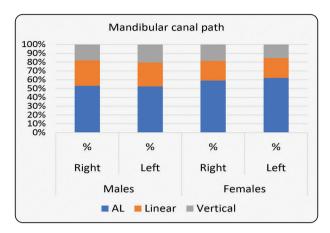


Fig. (8) Bar chart illustrating the distribution of mandibular canal (MC) path in right and left sides in males and females.

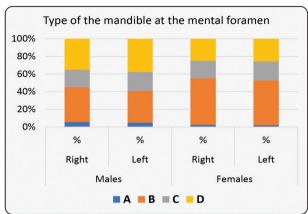


Fig. (9) Bar chart illustrating distribution of the type (shape) of the mandible at the mental foramen (MF) in right and left sides in males and females.

No correlation was revealed between the age and the location of MF, the incidence of AL, the path of MC, or the shape of the mandible at the MF. There was a very weak significant negative correlation between age and the distance from MF to AC (right side) (p=0.001) and length of AL (both right and

left sides) (p=0.001 and p=0.028 respectively) and weak significant negative correlation with the distance from MF to AC (left side) (p=0.000) A very weak positive correlation was observed between the distance from MF to AC and the length of AL and it was significant (p=0.042). (Table 2).

TABLE (2) Correlations between age and the quantitative variables (Pearson's correlation test)

		Age	Mental foramen to crest (Right)	Mental foramen to crest (Left)	Length of anterior loop (Right)	Length of anterior loop (Left)
Age	Pearson Correlation		191-**	220-**	186-**	122-*
	p-value		.001	.000	.001	.028
	Interpretation		VWN	WN	VWN	VWN
Mental F. to	Pearson Correlation	191-**		.792**	.005	.083
crest (Right)	p-value	.001		.000	.926 ns	.137 ns
(Right)	Interpretation	VWN		SP	VWP	VWP
Mental F. to	Pearson Correlation	220-**	.792**		.094	.114*
crest (Left)	p-value	.000	.000		.093 ns	.042
(Ecit)	Interpretation	WN	SP		VWP	VWP
Length of	Pearson Correlation	186-**	.005	.094		.622**
anterior loop (Right)	p-value	.001	.926 ns	.093 ns		.000
(Right)	Interpretation	VWN	VWP	VWP		SP
Length.	Pearson Correlation	122-*	.083	.114*	.622**	
Of anterior loop (left)	p-value	.028	.137 ns	.042	.000	
(ICIL)	Interpretation	VWN	VWP	VWP	SP	

<sup>\*\*</sup>Correlation is significant at the 0.01 level

<sup>\*</sup>Correlation is significant at the 0.05 level

 $VW = very\ weak, W = weak, M = moderate, S = strong, VS = very\ strong, P = positive, N = negative$ 

(2120) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

### DISCUSSION

Assessing the mandibular anatomical landmarks plays a vital role in dental practice, ensuring the success of surgical interventions in the mandibular area.<sup>3</sup> This study used CBCT to investigate alteration in MF position, MC path, and the prevalence and length of AL among Egyptian subjects. These findings are clinically significant, enabling dental practitioners to address complex anatomical variations, prevent neurosensory complications, and improve patient care.<sup>1</sup> Moreover, when planning surgeries in the anterior mandible, it is important to take into account factors such as ethnicity, age, and sex.<sup>5,7</sup>

As stated by Benavides et al., 11 the superiority of the image is more significant when compared with the diagnostic skill of the clinician. A clear image is crucial for accurate diagnosis and treatment planning to reduce complications.<sup>12</sup> Panoramic radiography offers a complete view of the teeth and jaws, yet its usefulness in implant surgery planning is limited due to its 2D nature and resulted distortions horizontally and vertically.<sup>13</sup> In contrast, CBCT produces highly precise anatomical images. CBCT has become the standard of care, and dental implant practices should be equipped with this technology. Unlike panoramic radiographs, CBCT images are free from distortion and magnification. CBCT linear measurements have a minimal error range of 0.1-0.2 mm, whereas panoramic radiographs can have up to 20% image distortion. Research indicates that CBCT-reformatted panoramic images, which are free of superimposition and magnification, are more effective than conventional panoramic radiographs in identifying the mandibular canal.14

Generally, this study revealed that there was no significant difference between right and left sides. Both Lu et al.<sup>15</sup> and Wong and Patil<sup>16</sup> found that there was no significant association between the side of the mandible and the length of AL. In contrast, Apostolakis and Brown<sup>17</sup> reported a significantly

greater mean length of the AL on the right side. Moreover, Othman<sup>18</sup> found that the incidence of AL was significantly higher in the right side. This result is along with the results of de Couto-Filho et al.<sup>19</sup> and de Brito et al.<sup>20</sup>

The clinical significance of the MC and the MF is due to their neurovascular contents and aiding in administering anaesthesia as reference points. Traumatic injuries to the MF are associated with sensory disturbances in 8.5% to 24% of cases, which can persist for 6 to 16 months following surgical procedures.<sup>21,22</sup> Some studies have examined the MF position, classifying it with reference to the nearest tooth's apex.23 This study classified the position of the MF following Panjnoush et al.24 and Shalash et al.<sup>25</sup> based on anteroposterior positioning, comprising five potential locations: beneath the first premolar, between the first and second premolars, beneath the second premolar, between the second premolar and first molar, and beneath the first molar. Cutright et al.26 suggested that genetic factors contribute to variations in the position of MF, where Africans exhibit a more anterior location compared to Europeans. A systematic review by Barbosa et al.1 reported that the most frequent place of MF is between premolars followed by below the apex of the second premolar.

This study reported that the location of MF in males was 45.7% beneath the second premolar's apex and 42.9% between the first and second premolars, whilst in females it was 62.7% and 32.3% respectively. This difference was statistically significant (p=0.000) between males and females, indicating that the most frequent position of the MF was below the second premolar's apex. Al Dalalah et al.<sup>3</sup> and Ahmed et al.<sup>7</sup> both found that the most common position of the MF in Sudanese and Jordanian populations, respectively, was located below the apex of the second premolar. However, their results indicated that there was no significant difference in the position of the MF based on sex.

These findings differed from those of Velasco-Torres et al.<sup>27</sup> who found that the MF was most frequently positioned between the first and second premolars. As well, Al Qahtani,<sup>2</sup> Kqiku et al.,<sup>28</sup> and Von Arx et al.<sup>29</sup> reported that the MF were found between the first and second premolars in an Austrian, Swiss, and Saudi population respectively.

Observers found it more straightforward to identify the AL using CBCT as it allowed them to examine the loop from various sections and views.30 de Couto-Filho et al.19 and Kuzmanovic et al.31 concluded that using conventional panoramic radiographs to identify the AL resulted in a high rate of false outcomes. Kaya et al.30 noted that reformatted panoramic view provided clearer images than crosssectional views. However, Vujanovic-Eskenazi et al.32 held a different opinion, stating that the loop was best detected using a parasagittal view. This range of viewpoints highlights a key advantage of CBCT regarding its ability to offer multiple viewing options, enabling clinicians to select the most reliable and precise method for assessment. In this study the IAC was traced on cross-sectional views, then assessed on panoramic and sagittal views.

Previous studies, 10,24,33-41 reported variable incidences of AL, ranging from 7% to 94%. These discrepancies can be attributed to differences in study populations, selection criteria, and methodological approaches. However, it is important to mention that these inconsistencies in results cannot be solely explained by racial factors, as conflicting results have been observed even within studies of the same populations. 33,37,41,42 These discrepancies suggest that the chosen methodology significantly influences study outcomes. Imaging modality plays a key role, as previous studies 19,32,43,44 show a higher prevalence of AL detected in CBCT images compared to panoramic images. The current study identified a statistically significant difference (p=0.046) in the occurrence of AL between males and females. Specifically, 52.8% of males and

60.6% of females presented this feature. This finding is consistent with the research conducted by do Carmo Oliveira et al.<sup>45</sup> which also reported a higher prevalence of AL in females. The authors attributed this observation to the thin cortical bones in females. In contrast, Nikkerdar et al.<sup>5</sup> reported that AL was significantly more common in males. It is also consistent with previous studies.<sup>24,42,46-49</sup> Nevertheless, other studies<sup>38,39,41</sup> have demonstrated that there is no significant difference between males and females.

Previous research on both cadavers and living subjects has shown that AL length ranged from 0.4 to 9 mm. 16,31,50,53 The significant discrepancies in the recorded lengths emphasize the critical need for a meticulous examination of CBCT scans. By customizing treatment plans for each individual patient, we can significantly reduce the risk of nerve damage and ensure safer outcomes. 27 This observation indicates that for the majority of individuals, maintaining 5 mm distance mesially to the MF reduces the risk of complications associated with AL damage during invasive procedures. 5

This study revealed that the mean AL length is significantly greater in males, measuring 1.61 mm compared to just 1.22 mm in females. Such a notable difference highlights the importance of sex-specific considerations in future research. Importantly, these findings are aligned with the established work of AlQahtani<sup>2</sup> and Vujanovic-Eskenazi et al.<sup>32</sup> who reported mean AL lengths of 1.59 mm and 1.61 mm, respectively, through the use of advanced CBCT imaging. Similarly, many studies40,42,49,51,54 have reported a higher length of the AL in males. However, others<sup>1,16,38,39,47,48,55,56</sup> reported that no significant difference in AL length between males and females. Uchida et al.51 highlighted a connection between height of the individual and AL length, demonstrating that taller individuals, especially males, tend to have longer ALs. This finding underscores the importance of considering

(2122) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

physical stature in discussions of AL variations. In a different perspective, Benninger et al.<sup>57</sup> suggested that race plays a significant role in anatomical differences in AL. However, challenging this viewpoint, Wong and Patil<sup>16</sup> found no meaningful relationship between race or sex and AL length. This highlights the complexity of anatomical variations and the need for further investigation into the factors that truly influence AL.

To avoid perforation of the buccal or lingual cortical bone during drilling, implants should be positioned in alignment with the mandible's contour.<sup>55</sup> Watanabe et al.<sup>58</sup> categorized mandible shapes into three types; A, B, and C with type B being the most prevalent (58–74%) and type C less common (17–36%). The present study corroborates this, revealing that males and females showed type B at 37.7% and 51.9% respectively. Goller Bulut and Köse<sup>55</sup> agreed with our results as B type was the most common type, however, Quirynen et al.<sup>59</sup> found type C to be the most frequent at 69.5%. The discrepancy between these studies may be attributed to ethnic variations.

This research failed to demonstrate a statistically significant difference (p=0.30) between males and females regarding the distance from the MF to AC. Males exhibited an average distance of 14.58 ±2.88mm, whilst females showed 14.36 ±2.64mm. However, Nikkerdar et al.,<sup>5</sup> Ahmed et al.,7 and Al-Mahalawy et al.10 noted a significant greater distance in males, attributing this to larger mandibular dimensions in men indicating that proper planning determines the suitable size for each individual case. Nikkerdar et al.5 noted that the distance from the MF to AC was less than that reported by Al-Mahalawy et al.10 and Haktanir et al.60 It is worth mentioning that Al-Mahalawy et al.10 excluded edentulous patients, potentially explaining their higher reported value.

This study indicated that the MC path was 28.1% linear and 19.1% vertical in males, compared to 22.4% linear and 17.1% vertical in females. The

difference between males and females was not statistically significant (p=0.122). This supports the research conducted by Al Dalalah et al.<sup>3</sup> which revealed that there were no significant differences between both sexes in the pathway of the MC. Furthermore, Nikkerdar et al.<sup>5</sup> emphasized that the linear pattern is the predominant configuration of the canal, followed by the vertical pattern. Additionally, Iyengar et al.<sup>61</sup> and Al-Mahalawy et al.<sup>10</sup> also found that the linear pattern was the predominant configuration.

The present study revealed a very weak negative correlation between age and the length of AL on both sides (p=0.001 for right and p=0.028 for left). This contrasts with the assertions made by de Oliveira-Santos et al.<sup>47</sup> and do Nascimento et al.<sup>49</sup> who claimed that patient age does not seem to affect the AL length. Also, corresponding to Ahmed et al.,<sup>7</sup> no correlation was revealed in this study between age and the position of mental foramen. In agreement with Nikkerdar et al.,<sup>5</sup> there was a weak negative correlation between age and the distance from MF to AC, this is likely due to alveolar bone loss in older individuals.

# CONCLUSION

This study highlights the important role of using the proper imaging modality to detect and assess the anatomical landmarks in the anterior mandible before any surgical intervention. Considering the variability of results, utilizing CBCT is essential for effectively diagnosing, planning, and assessing the MF and AL in each unique case. This approach ensures personalized care and optimal outcomes for patients.

### **DECLARATIONS**

# Ethics approval and consent to participate

The study was approved by the ethic committee, faculty of Dentistry, Cairo university (code number 28324).

# **Consent for publication**

Not applicable.

# Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

# **Funding**

Not Applicable.

#### **Conflict of interest**

The authors declare that they have no competing interests.

#### **Author Contributions**

OM. Data collection and analysis + manuscript writing and revision

HW. Data collection and analysis + manuscript writing and revision

AM. Data collection + manuscript revision

# REFERENCES

- Barbosa DA, Mesquita LR, Borges MM, et al.: Mental foramen and anterior loop anatomic characteristics: a systematic review and meta-analysis of cross-sectional imaging studies. J Endod. 2021, 47:1829-1843.
- AlQahtani NA. Assessment of the position and level of mental nerve for placement of implants using cone-beam computed tomography & panoramic radiograph in the Saudi population. Saudi Dent J. 2022 May; 34 (4):315-320.
- Al Dalalah A, Kana'an N, Ersheidat A, Momani M, Altantawi H. Evaluating the Anterior Loop of the Mental Nerve Using Cone Beam CT scans in the Jordanian Population. Cureus. 2024 Apr 18;16(4): e58519.
- Mishra SK, Nahar R, Gaddale R, Chowdhary R. Identification of anterior loop in different populations to avoid nerve injury during surgical procedures-a systematic review and meta-analysis. Oral Maxillofac Surg 2021 Jun; 25 (2):159-174.
- Nikkerdar N, Golshah A, Mahmoodivesali R, Falah-Kooshki S. Assessment of Implant-Related Anatomical

- Landmarks in the Mandibular Interforaminal Region in an Iranian Population Using Cone-Beam Computed Tomography. Contemp Clin Dent 2022 Apr-Jun; 13(2):125-134.
- Gupta A, Kumar S, Singh SK, Kumar A, Gupta A, Mehta P. Assessment of Anterior Loop of Inferior Alveolar Nerve and Its Anatomic Variations with Age, Gender, and Dentition Status in Indian Population: A CBCT Study. Int J Dent. 2021 Aug 31; 2021:1813603.
- Ahmed AA, Ahmed RM, Jamleh A, Spagnuolo G. Morphometric Analysis of the Mandibular Canal, Anterior Loop, and Mental Foramen: A Cone-Beam Computed Tomography Evaluation. Int J Environ Res Public Health. 2021 Mar 24: 18 (7):3365.
- Srivastava S, Sethi KK, Sinha A, Srivastava A, Mishra A, Khan N, Pandey S, Dixit A. Assessing the Prevalence and Length of the Anterior Loop of Inferior Alveolar Nerve and the Position and Dimension of Mental Foramen Using Cone Beam Computed Tomography. Cureus. 2024 Sep 3;16 (9): e68535.
- Jena S, Panigrahi R, Pati AR, Hasan S. Prevalence, Patterns and Variations of Anterior Loop of Inferior Alveolar Nerve-A CBCT Based Retrospective Study. Indian J Otolaryngol Head Neck Surg. 2022 Dec; 74 (Suppl 3): 5424-5431.
- Al Mahalawy H, Al Aithan H, Al Kari B, Al Jandan B, Shujaat S. Determination of the position of mental foramen and frequency of anterior loop in Saudi population. A retrospective CBCT study. Saudi Dent J 2017; 29:29-35.
- 11. Benavides E, Rios HF, Ganz SD, An CH, Resnik R, Reardon GT, Feldman SJ, Mah JK, Hatcher D, Kim MJ, Sohn DS, Palti A, Perel ML, Judy KW, Misch CE, Wang HL. Use of cone beam computed tomography in implant dentistry: the International Congress of Oral Implantologists consensus report. Implant Dent. 2012 Apr; 21 (2): 78-86.
- 12. Nehaanilpatil, Gadda R, Salvi R. Cone beam computed tomography: adding the third dimensions. J Contempor Dentistry 2012; 2: 84-8.
- Ramakrishnan P, Shafi FM, Subhash A, Kumara A, Chakkarayan J, Vengalath J. A survey on radiographic prescription practices in dental implant assessment among dentists in Kerala, India. Oral Health Dent Manag 2014; 13: 826-30.
- Pelé A, Berry PA, Evanno C, Jordana F: Evaluation of mental foramen with cone beam computed tomography: a systematic review of literature. Radiol Res Pract 2021: 8897275.

(2124) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

- 15. Lu CI, Won J, Al-Ardah A, et al. Assessment of the anterior loop of the mental nerve using cone beam computerized tomography scan. J Oral Implantol 2015; 41:632–9.
- Wong SK, Patil PG. Measuring anterior loop length of the inferior alveolar nerve to estimate safe zone in implant planning: a CBCT study in a Malaysian population. J Prosthet Dent 2018; 120:210–3.
- 17. Apostolakis D, Brown JE. The anterior loop of the inferior alveolar nerve: prevalence, measurement of its length and a recommendation for interforaminal implant installation based on cone beam CT imaging. Clin Oral Implants Res. 2012; 23:1022–1030.
- Othman B, Zahid T. Mental Nerve Anterior Loop Detection in Panoramic and Cone Beam Computed Tomography Radiograph for Safe Dental Implant Placement. Cureus 2022 Oct 25; 14 (10): e30687.
- 19. do Couto Filho CE, de Moraes PH, Alonso MB, Haiter Neto F, Olate S, de Albergaria Barbosa JR. Accuracy in the diagnosis of the mental nerve loop. A comparative study between panoramic radiography and cone beam computed tomography. Int J Morphol 2015; 33:327 32.
- de Brito AC, Nejaim Y, de Freitas DQ, de Oliveira Santos C. Panoramic radiographs underestimate extensions of the anterior loop and mandibular incisive canal. Imaging Sci Dent 2016; 46: 159-65.
- Muinelo-Lorenzo J, Fernandez-Alonso A, Smyth-Chamosa E, Suarez-Quintanilla JA, Varela-Mallou J, Suarez-Cunqueiro MM. Predictive factors of the dimensions and location of mental foramen using cone beam computed tomography. PLoS ONE 2017, 12, e0179704.
- Greenstein G, Tarnow D.The mental foramen and nerve: Clinical and anatomical factors related to dental implant placement: A literature review. J. Periodontol 2006, 77, 1933–1943.
- Alam MK, Alhabib S, Alzarea BK, et al. 3D CBCT morphometric assessment of mental foramen in Arabic population and global comparison: imperative for invasive and non-invasive procedures in mandible. Acta Odontol Scand 2018; 76:98–104.
- Panjnoush M, Rabiee ZS, Kheirandish Y. Assessment of location and anatomical characteristics of mental foramen, anterior loop and mandibular incisive canal using cone beam computed tomography. J Dent (Tehran) 2016; 13:126-32.

- 25. Shalash M, Khallaf ME, Ali AR. Position and dimensions of the mental foramen and presence of the anterior loop in the Egyptian population: a retrospective CBCT study. Bull Natl Res Cent 2020; 44:110.
- Cutright B, Quillopa N, Schubert W. An anthropometric analysis of the key foramina for maxillofacial surgery. J. Oral Maxillofac. Surg 2003, 61, 354–357.
- Velasco-Torres M, Padial-Molina M, Avila-Ortiz G, García-Delgado R, Catena A, Galindo-Moreno P: Inferior alveolar nerve trajectory, mental foramen location and incidence of mental nerve anterior loop. Med Oral Patol Oral Cir Bucal. 2017, 22: e630-5.
- 28. Kqiku L, Sivic E, Weiglein A, et al. Position of the mental foramen: an anatomical study. Wien Med Wochenschr. 2011; 161:272–273.
- Von Arx T, Friedli M, Sendi P, et al. Location and dimensions of the mental foramen: a radiographic analysis by using cone-beam computed tomography. J Endod 2013; 39:1522–8.
- Kaya Y, Sencimen M, Sahin S, Okcu KM, Dogan N, Bahcecitapar M. Retrospective radiographic evaluation of the anterior loop of the mental nerve: comparison between panoramic radiography and spiral computerized tomography. Int J Oral Maxillofac Implants 2008; 23: 919-25.
- 31. Kuzmanovic DV, Payne AG, Kieser JA, Dias GJ. Anterior loop of the mental nerve: a morphological and radiographic study. Clin Oral Implants Res 2003; 14: 464-71.
- 32. Vujanovic-Eskenazi A, Valero James JM, Sánchez Garcés MA, Gay Escoda C. A retrospective radiographic evaluation of the anterior loop of the mental nerve: Comparison between panoramic radiography and cone beam computerized tomography. Med Oral Patol Oral Cir Bucal 2015; 20: e239-45.
- Jacobs R, Mraiwa N, van Steenberghe D, Gijbels F, Quirynen M. Appearance, location, course, and morphology of the mandibular incisive canal: An assessment on spiral CT scan. Dentomaxillofac Radiol 2002; 31: 322-7.
- 34. Hu KS, Yun HS, Hur MS, Kwon HJ, Abe S, Kim HJ. Branching patterns and intraosseous course of the mental nerve. J Oral Maxillofac Surg 2007; 65:2288-94.
- 35. Parnia F, Moslehifard E, Hafezeqoran A, Mahboub F, Mojaver Kahnamoui H. Characteristics of anatomical landmarks in the mandibular interforaminal region: A cone

- beam computed tomography study. Med Oral Patol Oral Cir Bucal 2012;17: e420-5.
- 36. Chen Z, Chen D, Tang L, Wang F. Relationship between the position of the mental foramen and the anterior loop of the inferior alveolar nerve as determined by cone beam computed tomography combined with mimics. J Comput Assist Tomogr 2015; 39:86-93.
- Kabak SL, Zhuravleva NV, Melnichenko YM, Savrasova NA. Study of the mandibular incisive canal anatomy using cone beam computed tomography. Surg Radiol Anat 2017; 39:647-55.
- Kheir MK, Sheikhi M. Assessment of the anterior loop of mental nerve in an Iranian population using cone beam computed tomography scan. Dent Res J (Isfahan) 2017; 14:418-22.
- Moghddam MR, Davoudmanesh Z, Azizi N, Rakhshan V, Shariati M. Prevalence and length of the anterior loop of the inferior alveolar nerve in Iranians. J Oral Implantol 2017; 43:333-6.
- 40. Yang XW, Zhang FF, Li YH, et al. Characteristics of intrabony nerve canals in mandibular interforaminal region by using cone-beam computed tomography and a recommendation of safe zone for implant and bone harvesting. Clin Implant Dent Relat Res 2017; 19: 530–8.
- 41. Vieira CL, Veloso SD, Lopes FF. Location of the course of the mandibular canal, anterior loop and accessory mental foramen through cone-beam computed tomography. Surg Radiol Anat 2018; 40:1411–7.
- 42. Li X, Jin ZK, Zhao H, et al. The prevalence, length and position of the anterior loop of the inferior alveolar nerve in Chinese, assessed by spiral computed tomography. Surg Radiol Anat 2013; 35: 823–830.
- Mardinger O, Chaushu G, Arensburg B, Taicher S, Kaffe
   I. Anterior loop of the mental canal: An anatomical radiologic study. Implant Dent 2000; 9:120-5.
- Pires CA, Bissada NF, Becker JJ, Kanawati A, Landers MA. Mandibular incisive canal: Cone beam computed tomography. Clin Implant Dent Relat Res 2012; 14:67-73.
- 45. do Carmo Oliveira M, Tedesco TK, Gimenez T, Allegrini S Jr. Analysis of the frequency of visualization of morphological variations in anatomical bone features in the mandibular interforaminal region through cone-beam computed tomography. Surg Radiol Anat. 2018 Oct; 40 (10): 1119-1131.

- Ngeow WC, Dionysius DD, Ishak H, Nambiar P. A radiographic study on the visualization of the anterior loop in dentate subjects of different age groups. J Oral Sci 2009; 51:231-7.
- 47. de Oliveira-Santos C, Souza PH, Berti-Couto SD, et al. Assessment of variations of the mandibular canal through cone beam computed tomography. Clin Oral Investig 2012; 16: 387–93.
- 48. Filo K, Schneider T, Locher MC, et al. The inferior alveolar nerve's loop at the mental foramen and its implications for surgery. J Am Dent Assoc 2014; 145: 260–9.
- 49. do Nascimento EH, Dos Anjos Pontual ML, Dos Anjos Pontual A, da Cruz Perez DE, Figueiroa JN, Frazão MA, Ramos-Perez FM. Assessment of the anterior loop of the mandibular canal: A study using cone-beam computed tomography. Imaging Sci Dent 2016 Jun; 46 (2): 69-75.
- 50. Kieser J, Kuzmanovic D, Payne A, Dennison J, Herbison P. Patterns of emergence of the human mental nerve. Arch Oral Biol 2002; 47:743–747.
- 51. Uchida Y, Noguchi N, Goto M, Yamashita Y, Hanihara T, Takamori H, et al. Measurement of anterior loop length for the mandibular canal and diameter of the mandibular incisive canal to avoid nerve damage when installing endosseous implants in the interforaminal region: A second attempt introducing cone beam computed tomography. J Oral Maxillofac Surg 2009; 67: 744-50.
- Prados-Frutos JC, Salinas-Goodier C, Manchon A, Rojo R. Anterior loop of the mental nerve, mental foramen and incisive nerve emergency: tridimensional assessment and surgical applications. Surg Radiol Anat 2017; 39:169–175.
- 53. Gala V, Tirpude V, Shah D, Doshi A, Fernandes G. A retrospective cone beam computed tomography (CBCT) study of the assessment of the length of the anterior loop of the inferior alveolar nerve. Int J Sci Res Sci Technol 2018; 4 (5): 828–832.
- 54. Rosa MB, Sotto-Maior BS, Machado VD, Francischone CE. Retrospective study of the anterior loop of the inferior alveolar nerve and the incisive canal using cone beam computed tomography. Int J Oral Maxillofac Implants 2013; 28: 388–92.
- 55. Goller Bulut D, Köse E. Available bone morphology and status of neural structures in the mandibular interforaminal region: three-dimensional analysis of anatomical structures. Surg Radiol Anat 2018; 40 (11): 1243-1252.

(2126) E.D.J. Vol. 71, No. 3 Ola M Rehan, et al.

- 56. Rodricks D, Phulambrikar T, Singh SK, Gupta A. Evaluation of incidence of mental nerve loop in Central India population using cone beam computed tomography. Indian J Dent Res 2018; 29: 627–33.
- 57. Benninger B, Miller D, Maharathi A, et al. Dental implant placement investigation: is the anterior loop of the mental nerve clinically relevant? J Oral Maxillofac Surg 2011; 69: 182–185.
- 58. Watanabe H, Abdul MM, Kurabayashi T, Aoki H. Mandible size and morphology determined with CT on a premise of dental implant operation. Surg Radiol Anat 2010; 32:343–349.
- 59. Quirynen M, Mraiwa N, Van Steenberghe D, Jacobs R. Morphology and dimensions of the mandibular jaw bone in the interforaminal region in patients requiring implants in the distal areas. Clin Oral Implant Res 2003; 14: 280–285.
- 60. Haktanir A, Ilgaz K, Turhan Haktanir N. Evaluation of mental foramina in adult living crania with MDCT. Surg Radiol Anat 2010; 32: 351-6.
- 61. Iyengar AR, Patil S, Nagesh KS, Mehkri S, Manchanda A. Detection of anterior loop and other patterns of entry of mental nerve into the mental foramen: A radiographic study in panoramic images. J Dent Implants 2013; 3: 21-5