EGYPTIAN DENTAL JOURNAL

VOL. 65, 2821:2830, JULY, 2019

I.S.S.N 0070-9484



Fixed Prosthodontics, Dental materials, Conservative Dentistry and Endodontics

www.eda-egypt.org • Codex : 160/1907

SHEAR BOND STRENGTH OF TWO VENEERING COMPOSITE RESINS TO A MODIFIED POLYETHERETHERKETONE (PEEK) MATERIAL: INFLUENCE OF SURFACE PRETREATMENTS AND THERMOCYCLING

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ABSTRACT

Objective: To research the influence of different surface pretreatment and thermocycling on shear bond strength (SBS) between veneering resins and a modified polyetheretherketone (PEEK) material.

Materials and Methods: (PEEK) specimens were machined and allocated into Four pretreatment groups, Group A; no treatment, Group B; etching with 98% sulfuric acid for 1 min, Group C; air abrasion with 50 μ m Al₂O₃, and Group D; air abrasion with 110 μ mAl₂O₃. Surface roughness (Ra) was determined by a profilometer. Surface morphology of specimens was scanned by a Scanning Electron Microscope. Specimens were treated with Visio.link bond, divided into two subgroups; one veneered with SR Nexco and the other with Crea.lign composites. SBS was tested immediately and after thermocycling. Data were statistically analyzed using ANOVA and Tukey HSD, $\alpha = 0.05$.

Results: Air abrasion with 110 μ m alumina significantly increased the surface roughness (P<0.001). The highest shear bond strength values were observed for sulfuric acid etched group. Specimens veneered with CreaLign showed non-significant higher SBS values than those veneered with SR Nexco (P>0.05). After thermocycling, all tested groups revealed significant improvement in SBS (p<0.001).

Conclusions: A modified PEEK material strengthened with 20% submicron ceramic fillers, could be treated by etching with 98% sulfuric acid for 1 min, to enhance bond strength to veneering composites and was found to have significant improvement in bond strength after thermocycling.

KEYWORDS: Surface roughness, PEEK, shear bond strength, thermocycling.

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INTRODUCTION

A high performance thermoplastic polymer which is Polyetheretherketone (PEEK), is composed of aromatic backbone molecular chain that is connected interchangeably by ketone or ether functional groups.^{1,2} In dentistry, PEEK material can be used as; implants, implant supported bar or clamp and provisional abutment; owing to its outstanding physical and biological characteristics.³⁻⁶

Unfilled PEEK material has valued mechanical properties; with a flexural strength of nearly 165 MPa, and a Young's modulus approximating 3.5 GPa, but numerous modification methods as; adding fillers, fiber reinforcement, and blending have been introduced and result in development of novel PEEK-based materials with enhanced characteristics and intended for diverse applications.⁷⁻¹⁰

A modified PEEK material having 20% ceramic fillers has been introduced in dentistry (BioHPP; Bredent GmbH, Germany).¹¹⁻¹³ Due to its strengthening with special ceramic filler, optimized mechanical properties have been created for dental field in the crown and bridge area. This ceramic filler has a small grain size of 0.3 to 0.5μ m producing constant homogeneity that is the basis for the extremely good polishing properties resulting in reduced plaque deposition and degree of discoloration.

Prostheses can be easily fabricated from PEEK by either injection molding (thermo-pressing) or CAD/CAM procedures. Furthermore, standard dental burs for polymers can be used for final adjustments.^{14,15}

Despite all these positive aspects, the opaque grayish color of PEEK still restricts its application as monolithic restorations. Hence, using additional veneering composite resin to accomplish adequate esthetics is mandatory.

When PEEK is combined with composite resin, the bond strength is low due to its inert hydrophobic performance, surface modification resistance, and low surface energy.¹⁶ As a result; additional pretreatments of the PEEK surface should be done for enhancement of adhesive properties between PEEK and composite resin materials.¹⁷⁻²¹

Various approaches have been attempted to enhance PEEK surface properties, of these methods air abrasion and sulfuric acid etching do exist. For creating a durable chemical bond between PEEK and veneering resin, the adhesive systems are essential to be used.^{17,18,22-25} Many recent researches proved that a suitable chemical bond to PEEK can be proven with methyl methacrylate (MMA) dental adhesives.^{22,23} Moreover, durable bonding is a prerequisite in order to achieve long-term durability and an acceptable functional outcome. In the oral cavity, daily routine of eating, drinking and breathing can result in temperature changes that produce functional thermal stresses affecting the stability of the bonded interface over time. Thermocycling is a relevant process to replicate in-vitro aging of specimens, because it produces standardized thermal stresses at the interface.^{26,27}

Thus, the current study researched the influence of different surface pretreatments and thermocycling on the shear bond-strength (SBS) of two veneering resins to a modified polyetheretherketone material. The null hypothesis was that the bond strength would not be influenced by neither the surface pretreatments nor thermocycling.

MATERIALS AND METHODS

One type of modified PEEK CAD/CAM materials (breCAM.BioHPP®, Bredent, Senden, Germany) and two types of veneering resins; SR Nexco paste (Ivoclar Vivadent, Schaan, Leichtenstein) and Crea.lign paste (Bredent GmbH & Co., Senden, Germany) were used in the current study. Table 1 gives the compositions, manufacturers and batch number of the materials that were used in the study.

Specimen preparation and grouping

A total of one hundred and twenty diskshaped specimens with dimensions (10 mm X 2 mm) were cut out of PEEK blanks under profuse water cooling using CAD/CAM technique (Arum x5 400, Doowon Co., Ltd. Daejeon, South Korea). The specimens were polished with 800 grit SiC papers (BuehlerMet II 800, Buehler) to attain a standardized surface. Subsequently, the polished specimens were cleaned using an ultrasonic water bath filled with distilled water for 30 min (Baioden Ultrasonic Cleaner, China) and then air-dried.

The specimens were fixed in blocks made of auto-polymerizing acrylic resin, exposing only top surface for treatment application and bonding. The specimens were categorized into four groups (n=32 per group; 12 specimens for studying the surface morphology and surface roughness, and 20 specimens for shear bond strength measurement) according to surface treatment methods as follow; Group A (control): no treatment, Group B (sulfuric acid etching): surfaces were etched for 1 min with 98% sulfuric acid (Sigma–Aldrich; St. Louis, MO, USA) then carefully rinsed with distilled water for 1 min, Group C (50 μ m airborne particle abrasion): surfaces were air abraded with 50 μ m aluminum oxide (JNBP-2, Jianian Futong Medical Equipment Co. Ltd., Tianjin, China) at 2 bar pressure for 10 sec at a 10 mm distance, then rinsed, and air-dried for 20 sec, and Group D (110 μ m airborne particle abrasion): air-abrasion with 110 μ m aluminum oxide as described with Group C.

Measurement of surface roughness

Surface roughness values were measured by a profilometer (SURFTEST SJ-201, Mitutoyo Corp., Kawasaki, Japan). The stylus moved back and forth across each specimen, five readings were recorded, and the mean roughness value (Ra) of the specimen was calculated. The cut-off length was 0.8 mm, at 0.5 mm/s scanning speed. The resolution of the recorded data was 0.01 μ m.

Materials	Composition	Manufacturer/Batch No.		
PEEK material				
breCAM.BioHPP	Polyetherether ketone, 20 wt% Titaniun dioxide ceramic-	Bredent GmbH & Co., Senden,		
	filled	Germany/462597		
Veneering composites				
	- Polymer matrix: UDMA,AliphaticDimethacrylate			
SR Nexco paste	(Decandioldimethacrylate)(16.9 wt%)	IvoclarVivadent,		
dentine	- Filler: silicon dioxide (19.8 wt%) prepolymer and co-	Schaan, Leichtenstein/S38493		
	polymer which consists of pre-polymerized ground			
	up UDMA matrix and inorganic microfiller particles			
	(62.9%wt.)			
	- Additional contents are stabilizers, catalysts (0.4 wt%)			
	and pigments (0.1-0.3 wt%).			
Crea.lign paste	Various acrylate oligomers, silanized inorganic fillers	Bredent GmbH & Co., Senden,		
dentine	(50 wt% opalescent ceramic fillers), catalysts and color	Germany/ N160407		
	pigments.			
Primer				
Visio.link	MMA, PETIA, photoinitiators	Bredent GmbH & Co., Senden,		
		Germany/153141		
UDMA: urethane dimethacrylate, MMA: methyl methacrylate, PETIA: pentaerythritol-triacrylate.				

TABLE (1) Materials used in the study

Surface Morphology analysis

The surface morphology of each treated group was studied using a scanning electron microscope (SEM, JSM-6510LV, JEOL, Tokyo, Japan). For this purpose, two specimens from each surface treatment group were produced as previously mentioned, cleaned in an ultrasonic bath with 96% ethanol for 2 min and then air dried. Afterward, specimens were affixed on metallic stubs, gold sputter-coated (SPI-MODULETM, SPI Supplies, USA), and examined under a SEM to detect topography of the treated surfaces (X 10,000).

Shear bond strength testing

A 10 mm cut of a double sided tape with punched hole diameter of 5 mm was positioned on the PEEK surface to outline the bonding area. Subsequently, visio.link primer (Bredent GmbH & Co., Senden, Germany) was applied to the surface using a microbrush and then immediately polymerized for 90 sec (Bre.lux Power Unit; bredent GmbH & Co., Senden, Germany) according to the manufacturer recommendation. Each pretreatment group was randomly divided into two subgroups (n=10) to be used with two veneering resins i) SR Nexco paste (Ivoclar Vivadent, Schaan, Leichtenstein) and ii) Crea.lign paste (Bredent GmbH & Co., Senden, Germany). For this purpose, a split Teflon mold (6 mm diameter, 2 mm thickness) was placed surrounding the visio.link, filled with veneering resin and then polymerized with Bre.lux power unit (190-220 mW/cm²) for 6 min, according to manufacturer's recommendation.

Both bonding sub-groups were divided into two groups of 5 specimens each, and either being stored in 37°C distilled water for 24 h or subjected to 10,000 thermal-cycles from 5°C to 55°C, at20 sec dwell time between baths in a thermocycler machine (Theromocycler, Robota, Alexandria, Egypt).

Shear bond strength (SBS) testing was conducted on a Universal Testing Machine (Instron 3345, England). The applied crosshead speed was 0.5 mm/min until debonding occurred. SBS values were recorded in mega-Pascal (MPa). After debonding, the specimens were inspected under an optical stereomicroscope (Olympus model SZ-PT, Tokyo, Japan) at X 40 magnification to determine the failure mode, either adhesive failure; if no composite remnant was left on PEEK surface, or mixed failure; if composite remnants were partly left on PEEK surface, or cohesive failure in which fracture occurs in either composite resin or PEEK.

Statistical analysis

Data distribution was tested for normality using Kolmogorov-Smirnov and Shapiro-Wilk tests. Data were normally distributed. Surface roughness (μ m) data were analyzed by one-way analysis of variance (ANOVA). SBS (MPa) data were statistically analyzed by three-way ANOVA considering three factors which are type of surface treatment, type of veneering resin and thermal treatment, to detect the interaction between the independent variables. Tukey HSD test was applied to define any significant differences among the groups. Relative frequencies (%) of failure types of each group were computed. The Statistical Package of Social Sciences (SPSS) version 21 was used at a significance level of $\alpha = 0.05$.

RESULTS

Surface roughness (μ m) value analysis with one way ANOVA revealed that surface roughness was significantly affected by the surface treatment method (p < 0.001) as shown in Table 2. The means and standard deviations of average surface roughness values (μ m) with their significant differences are shown in Table 3. Comparing the mean surface roughness of the tested groups showed that 110 μ m Al₂O₃sandblasting group exhibited the highest value (4.19 ± 0.56) compared with other surface treatment approaches, while control group showed the lowest value (0.33 ± 0.18). In addition, no statistically significant difference was found between 50 μ m Al₂O₃ sandblasting and sulfuric acid treated groups.

Source	đf	Sum of	Mean	Б	D	
Source	ui	Squares	Square	Г	1	
Between	3	41 500	13 833	25 706	0.000	
Groups	5	41.500	15.655	23.190	0.000	
Within	16	8 580	0.526			
Groups	10	0.300	0.550			
Total	19	50.080				

TABLE (2) One-way ANOVA results for surface roughness (Ra) of different groups

Statistically significant difference at P < 0.05

Figure 1 shows scanning electron photomicrographs of control and treated PEEK specimens at magnification of X5000. Figure 1 (A) shows SE photomicrograph of a representative control specimen; they have a relatively smooth surface devoid of surface texture. Figure 1(B) shows SE photomicrograph of a representative

sulfuric acid etched specimen; the surface topography is extensively different than the control with numerous levels and summits, porosities and intervening grooves do exist in-between, scattered globular structures appear to be sculptured and firmly attached to the matrix. Figure 1(C) shows SE photomicrograph of a representative specimen treated with airborne particles abrasion (50 μ m Al_2O_2); the surface topography has abraded textures with some porosity, grooves and some superficial particles. The overall architecture looks shallower than the acid etched group. Figure 1(D) shows SE photomicrograph of a representative specimen treated with airborne particles abrasion (110 μ m Al_2O_2); the surface topography looks more or less close to group C, but more prominent architecture with obvious porosity and far deepened grooves.



Fig. (1) SE micrographs of pretreated PEEK surface at magnification 10000x. A: Non-treated, B: sulfuric acid etching, C: 50 μm sandblasting, and D: 110 μm sandblasting

TABLE (3) Means (Standard Deviation) of surface roughness (Ra) in μ m for each group and Tukey analysis

Groups	Mean (SD)		
No treatment	0.33 (0.18) ^a		
Sulfuric acid etched	2.56 (1.27) ^{b c}		
50 μ m sandblasting	3.21 (0.64) ^{b c}		
110 μ m sandblasting	4.19 (0.56) ^d		

Mean with the same superscript letter are not significantly different

Three-way ANOVA of the bond strength data in MPa disclosed that the SBS was not significantly affected by neither the type of treatment nor by the type of veneering (P>0.05). On the other hand, it was significantly affected by thermocycling (P < 0.001). There was no significant interaction between type of treatment, type of veneering and thermocycling (P =0.0966) as shown in Table 4. The mean of the SBS values (MPa) and standard deviations are presented in Table 5. Comparing the means of immediate SBS, it could be seen that group B (sulfuric acid etched group) exhibited the highest value for both types of veneering resins (SR Nexco: 6.51 ± 1.54 and CreaLign: 6.56 ± 0.40) as compared to other surface treatments groups, while group A (control group) showed the lowest SBS value (SR Nexco: 2.17 ± 0.89 and CreaLign: 4.80 ± 2.68). Generally, enhancements in SBS values (MPa) were found in the following groups respectively: sulfuric acid etching group, then 50 μ m sandblasting group, then 110 μ m sandblasting, and lastly control group as presented in Table 5. According to the type of veneering resin, CreaLign composite resin showed non-significant increased SBS compared to SR Nexco composite resin in all groups (P>0.05) (Table 5). For the level of thermocycling, significant improvement in SBS was observed for all studied groups after thermocycling (P < 0.001).

Stereomicroscopic examination at the debonding sites showed three modes of failure; adhesive failure when no composite remnant was left on the PEEK surface, mixed failure when composite remnants were partially left on PEEK surface and cohesive failure within composite resin. These modes of failure were varied between the tested groups as shown in Figure 2, where control and 110 μ m sandblasting groups showed more adhesive failure, while sulfuric acid etching and 50 μ m sandblasting groups showed more. Moreover, all studied groups showed less adhesive failure after thermocyling.

TABLE	(4)	Three-way	ANOVA	results	for	SBS
	(N	(IPa) of all te	ested group	ps		

Source of variation	Sum of Squares	Df	Mean Square	F	Р
Surface treatment	98.127	3	32.709	2.75	0.0558
Veneering	36.557	1	36.557	3.07	0.0876
Thermocycling	261.136	1	261.136	21.93	<.0001
Surface treatment * veneering	16.502	3	5.501	0.46	0.7104
Surface treatment * thermocycling	39.427	3	13.142	1.10	0.3592
Veneering * thermocycling	0.000	1	0.000	0.00	1.0000
Surface treatment * veneering * thermocycling	80.734	3	26.911	2.26	0.0966
Errors	464.356	39	11.906		
Total	996.839	54			

Statistically	significant	difference	at $P < 0.05$
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Surface Treatment	Imme	diate (0 TC)	Thermocycling (10000 TC)		
	SR Nexco	CreaLign	SR Nexco	CreaLign	
Control (No treatment)	2.17 (0.89) ^d	4.80 (2.68) ^{c d}	5.37 (0.99) ^{c d}	7.76 (8.18) ^{a b c d}	
Sulfuric acid etched	6.51 (1.54) ^{c d}	6.56 (0.40) ^{c d}	7.25 (6.54) ^{b c d}	13.80 (5.82) ^a	
50 μ m sandblasting	4.44 (1.27) ^{c d}	6.49 (1.14) ^{c d}	8.29 (5.11) ^{a b c d}	7.29 (5.14) ^{b c d}	
110 μ m sandblasting	2.97 (0.62) ^d	6.14 (0.46) ^{c d}	13.60 (3.20) ^{a b}	10.71 (2.06) ^{a b c}	

TABLE (5) Means (Standard Deviations) of shear bond strength (SBS) in MPa for each group and Tukey analysis.

Mean with the same superscript letter are not significantly different.



Fig. (2) Relative frequencies (%) of failure patterns of different groups tested (adhesive failure between PEEK and veneering resin, mixed adhesive and cohesive within composite resin).

DISCUSSION

In this study, modified PEEK material reinforced with ceramic fillers was used that prominently increases the biomechanical properties of PEEK, making it more proper to be used as fixed dental prostheses, mainly in areas subjected to high stresses. The successful and robust bonding to PEEK is a necessity for its application as a dental prosthetic material. This study investigated the effect of surface pretreatment methods and thermocycling on SBS of modified PEEK material to two different veneering resins.

The null hypothesis was partially rejected, as it was shown that the bond strength was not significantly affected by the type of treatment and significantly affected by thermocycling.

During the adhesion procedure, the surface of the PEEK material should be sufficiently rough in order to obtain appropriate mechanical retention. However, the high strength and hardness of PEEK material impede the surface roughening process. In this study, different pretreatment procedures were used for enhancing the bond strength of the modified PEEK material. Furthermore, shear bond strength test was used since it could simply reproduce the clinical situation and it is more appropriate for evaluating bonding abilities of veneering resins to PEEK. This study showed that etching of PEEK with 98% concentrated sulfuric acid revealed the highest shear bond strength for both types of veneering resins. This can be explained by the fact that sulfuric-acid generated sulfonate groups (– SO₃) in the PEEK polymer chains which became chemically cross-linked to methylmethacrylate based adhesives.^{22,23,28} Additionally, diffusion of resin tags into PEEK surface pores and pits resulted in micromechanical bonding.²⁵ This result is correlated with the topography of the treated surface which revealed that the modified PEEK surface became porous and permeable to adhesives after 98% sulfuric acid treatment for 1 min, as shown in Figure (1b).

The results also showed that air abrasion with 110 μ m alumina did not distinctly improve the bond strength to veneering resins; however, it increased the (Ra) values in comparison to other tested groups. A possible explanation is that the rough surfaces and high porosities created on PEEK surface with coarse alumina particles may have adversely affected the adhesives infiltration and caused some weak points of bond interfaces.²⁴ This result is correlated with topography of the treated surface, as Figure (1d) showed more prominent architecture with obvious porosity and far deepened grooves. This result goes with the finding obtained by Stawarczk B et al.²⁹, who perceived observed that; however the highest surface roughness values were achieved in 110 μ m air abraded group, the maximum SBS were observed for the acid etched group.

Stability of bonded interface over time should be attained in order to achieve an adequate functional outcome and long-term durability. Temperature fluctuations that happen in the oral cavity because of eating, drinking and breathing that happen daily can produce functional thermal stress affecting the bonding durability. Under in-vitro conditions, the thermocycling test could replicate oral temperature fluctuations to assess the restorations durability. In this study, a thermocycling test machine with 10,000 in-vitro thermal cycles, representing 1 year of in-vivo usage, was used to assess the restorations durability. It is an applicable method that simulates in-vitro aging of specimens because it produces standardized thermal stresses at the interface.^{26,30} In this study, a significant improve in shear bond strength values was detected after thermocycling. Previous researches^{19,31} have stated that higher bond strength values could be observed after thermocycling due to post-polymerization in the interface area of the PEEK surface, the adhesive system and the veneering resin.

The fracture analysis for all adhesive tested groups disclosed that modes of failures were adhesive, mixed and cohesive. It was found that the amount of the substrate fracture is often indicative to the retentive adhesive strength. Thus, the mode of failure detected support the result of the bond strength values achieved in this study. Moreover, the occurrence of mixed and cohesive failures might be attributed to the unequal stress distribution at the bonding interface at the time of the loading procedure.¹⁷

A general limitation of the present study is that invitro experimentations cannot totally symbolize the mouth's actual environment. Hence, supplementary in-vivo studies are needed to report the long-term bonding robustness.

CONCLUSIONS

Based on the results and within the limitation of this study, the following conclusions can be made.

- The highest shear bond strength values can be attained when etching with 98% sulfuric acid for 1 min.
- 2. Despite the fact that $110 \,\mu$ m air abrasion showed the highest roughness, it did not clearly increase the bond strength to veneering resins.
- Significant improvement in shear bond strength was observed for all studied groups after thermocycling.

CONFLICT OF INTEREST

The authors declare no potential conflicts of interest.

ACKNOWLEDGMENTS

The authors would like to thank Professor Dr. Nazem Shalaby, Professor of Statistics and Dean of the Faculty of Agriculture, Mansoura University, Egypt, for his contribution in analyzing and revising the statistical results of this work.

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